

# IOT\_1: Understanding IoT technologies

sensors, radios, clouds,...



## Booster Pau – Learning Capsule – 2021

Prof. Congduc Pham  
<http://cpham.perso.univ-pau.fr>





# BoosterPau program





# Googling for « Internet of Things »



Google internet of things

- architecture
- infrastructure
- plateforme
- agriculture
- schéma
- capteur
- application
- transport
- objets connectés
- chaîne de valeur
- big data
- gateway
- domaine
- fonctionnement
- IoT

The image displays a grid of 48 search results for 'Internet of Things' from various sources. Each result includes a thumbnail image and a brief title or URL. The results cover a wide range of topics, including:
 

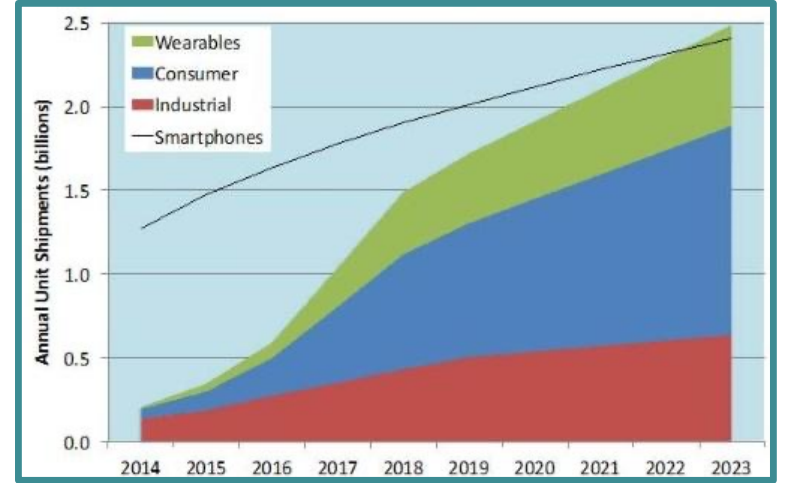
- Conceptual diagrams and infographics of IoT.
- Articles and reports on IoT applications in industries like healthcare, manufacturing, and agriculture.
- Technical discussions on IoT protocols, security, and integration.
- News and market analysis pieces.
- Academic or educational content, such as a Coursera course introduction.
- Practical guides and tutorials, like 'Internet of Things with Python'.
- Market-related content, such as 'Marché de l'internet des objets : un bon investissement'.

Prof. Congduc Pham  
http://www.univ-pau.fr/~cpham

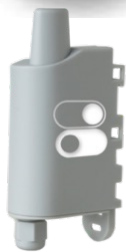
Recherches associées

- internet des objets
- iot logo
- iot png

# ...shows communicating objects



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# All communicating objects?

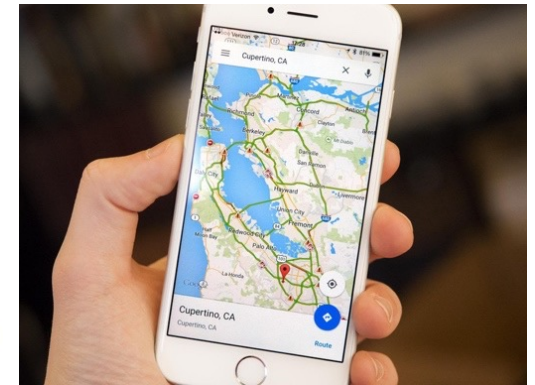
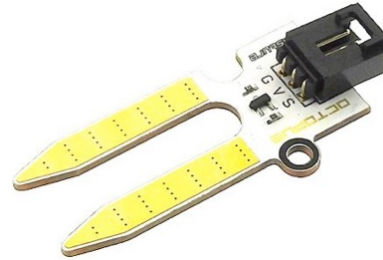


# IoT=interactions with physical world



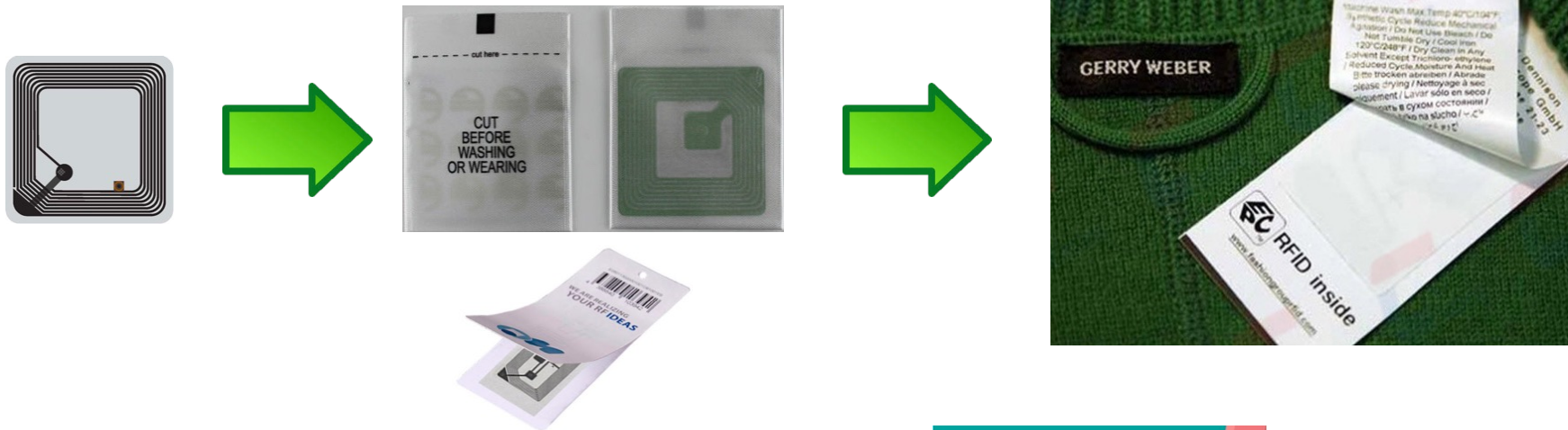
**Q: Interactions? How?**

# Interaction: Sensors



# Interaction: RFID, NFC

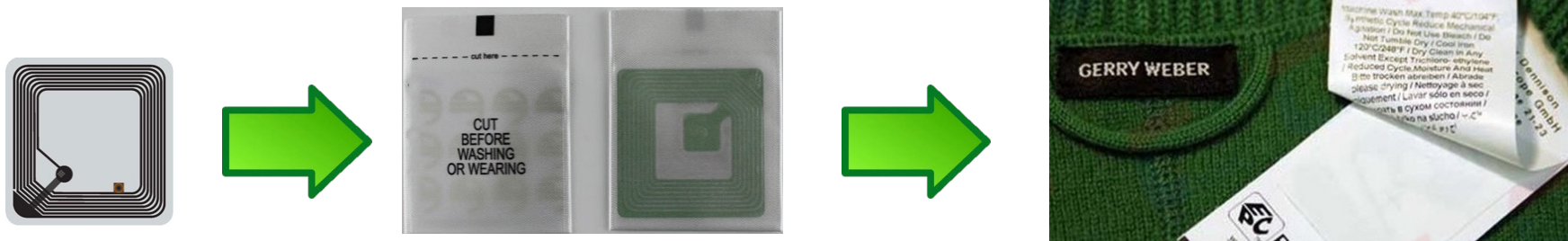
- Radio-Frequency Identification (RFID)
- Near Field Contact (NFC)



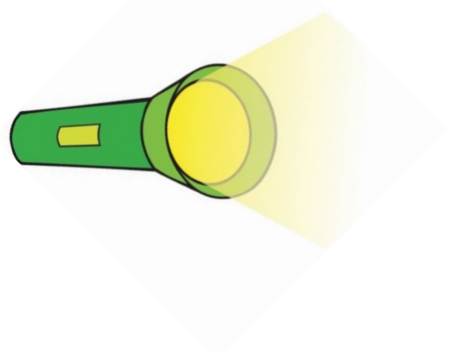


# Interaction: RFID, NFC

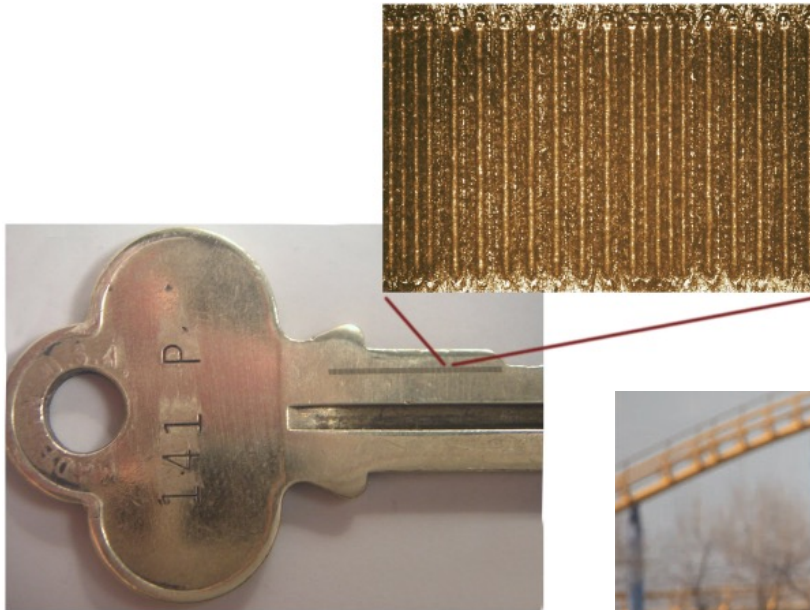
- Radio-Frequency Identification (RFID)
- Near Field Contact (NFC)



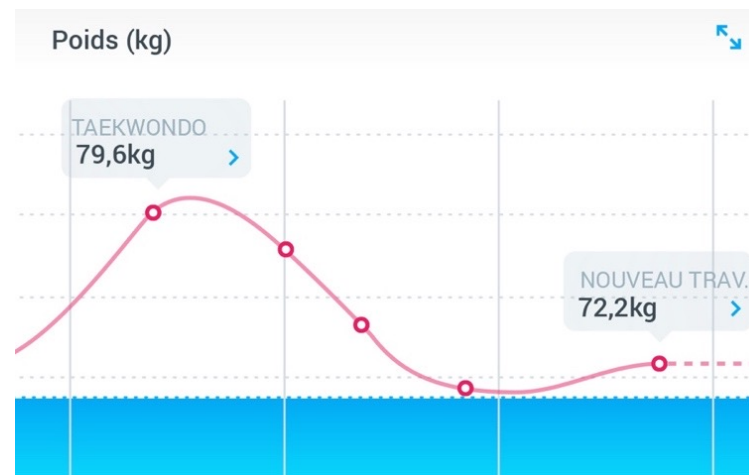
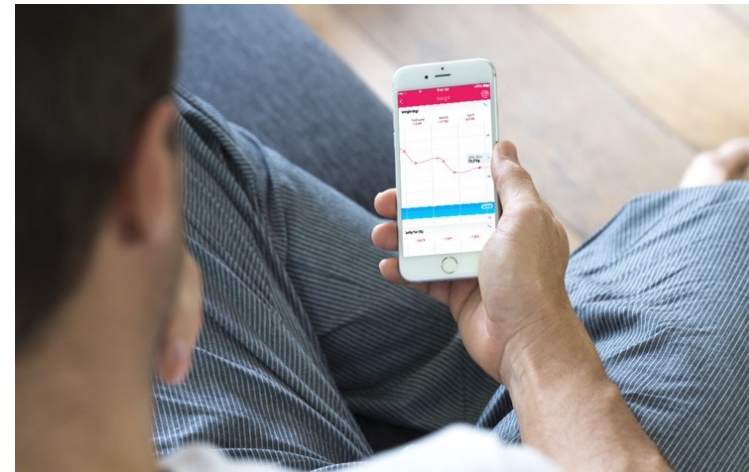
Q: How RFID works?



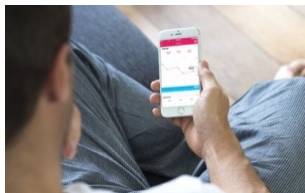
# Interaction: always complex?



# Home/consumer IoT products



# Local interaction is possible...

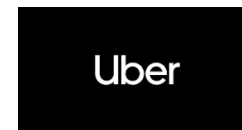


... but IoT usually means cloud data

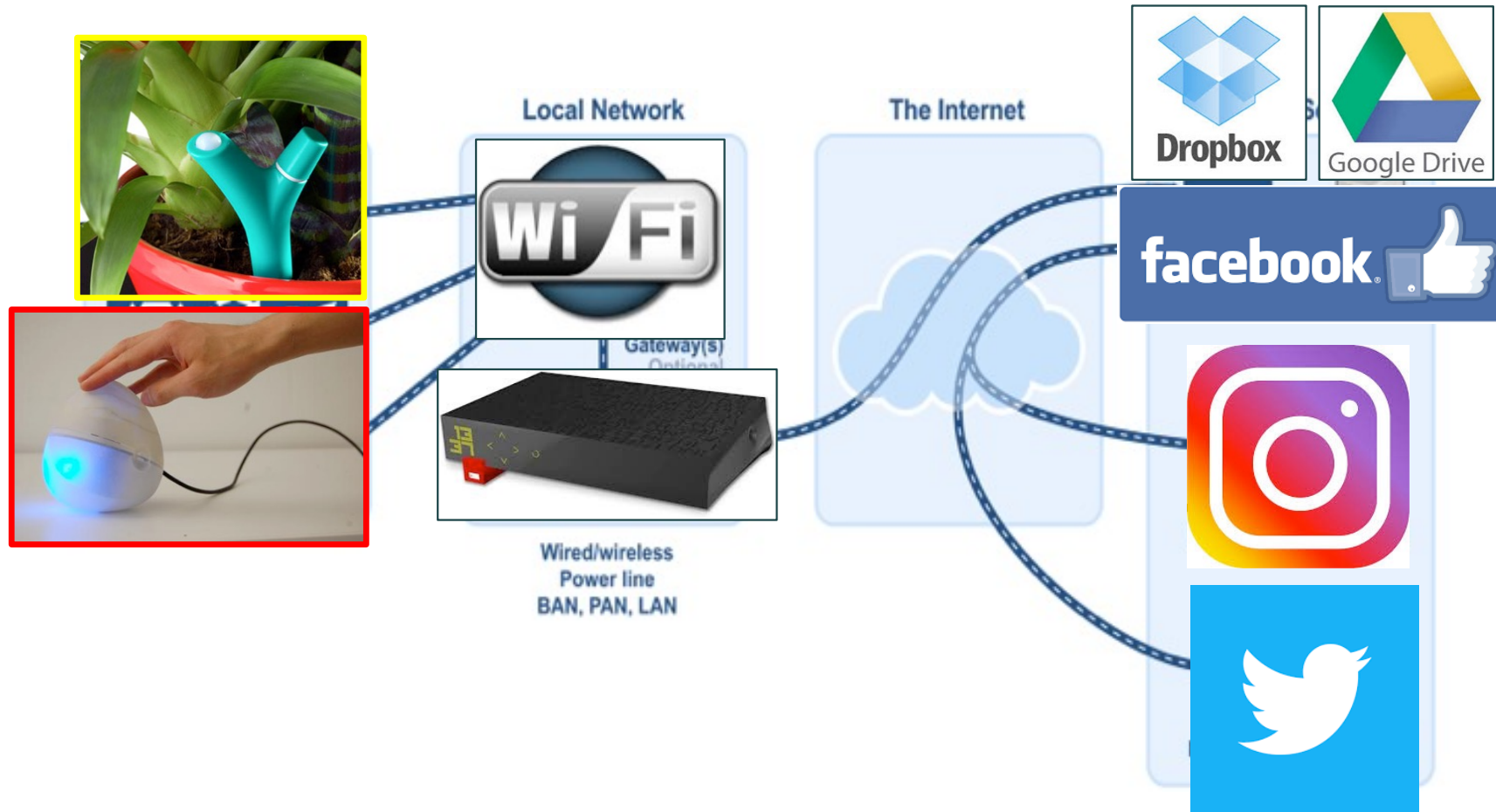
Lot's of data !



# IoT added-values come from interactions and linked data!



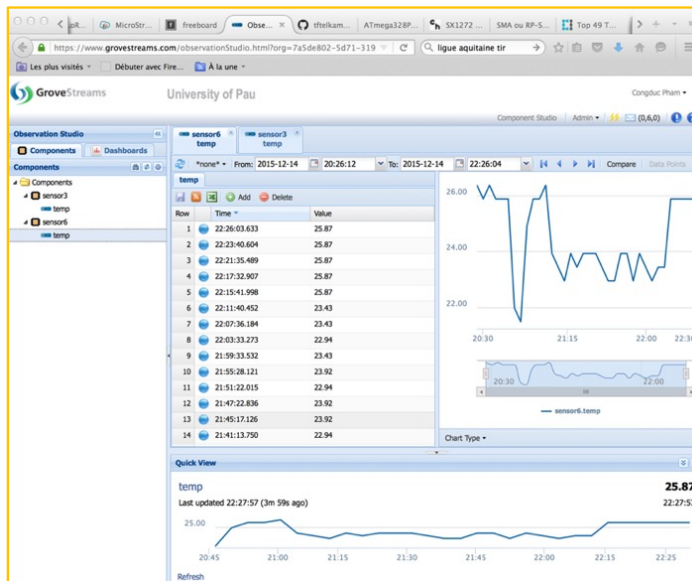
# General public IoT architecture



Pictures from ArchitectCorner

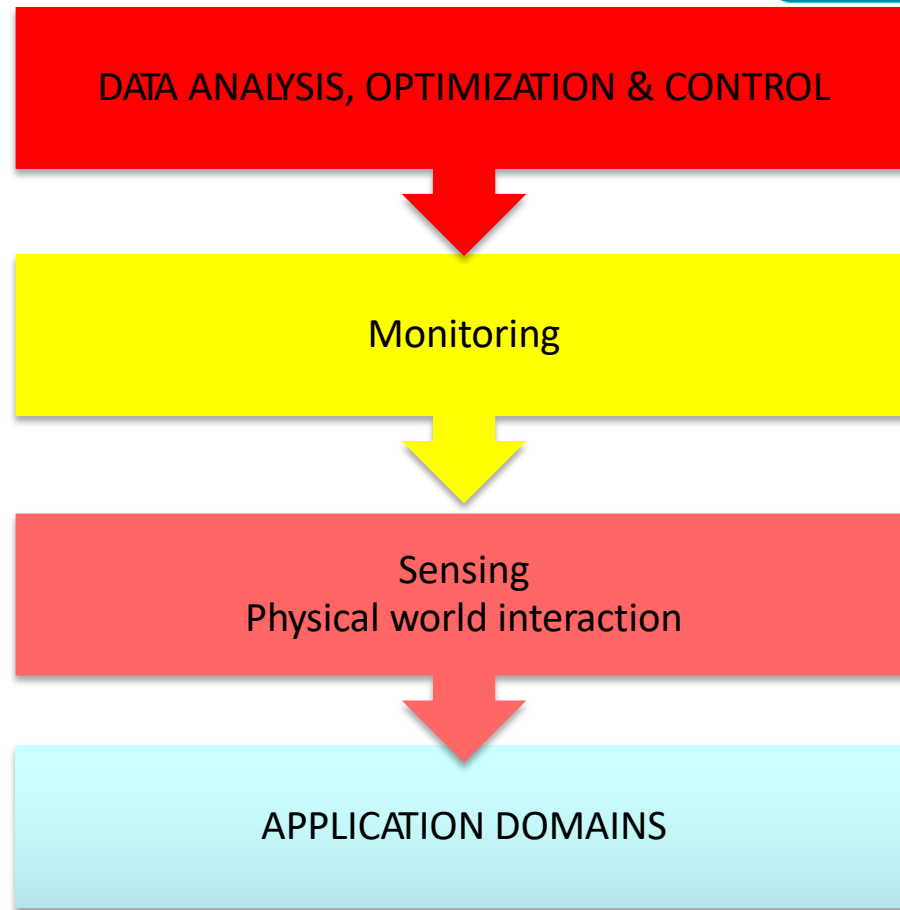


# Clouds for IoT

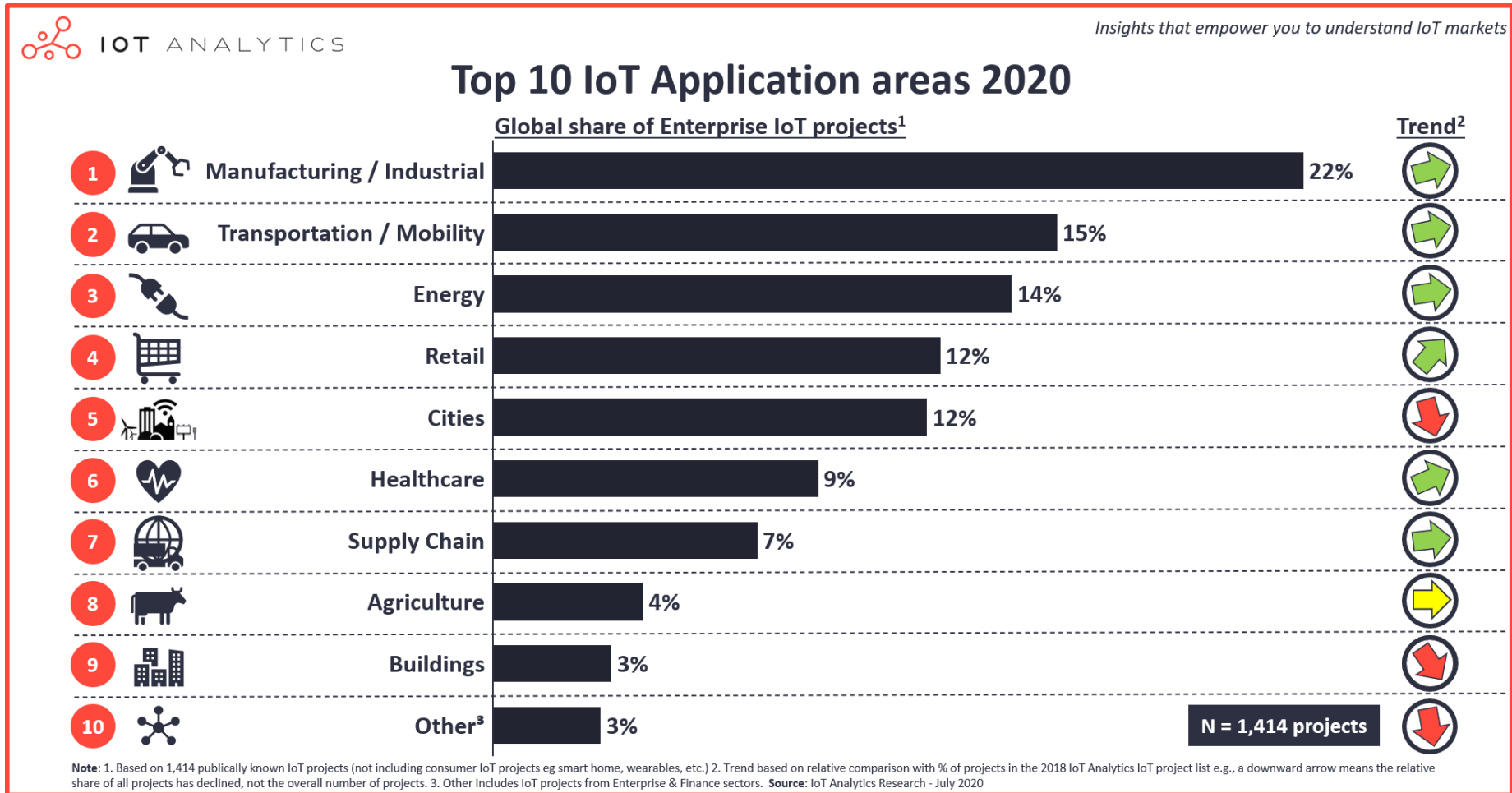




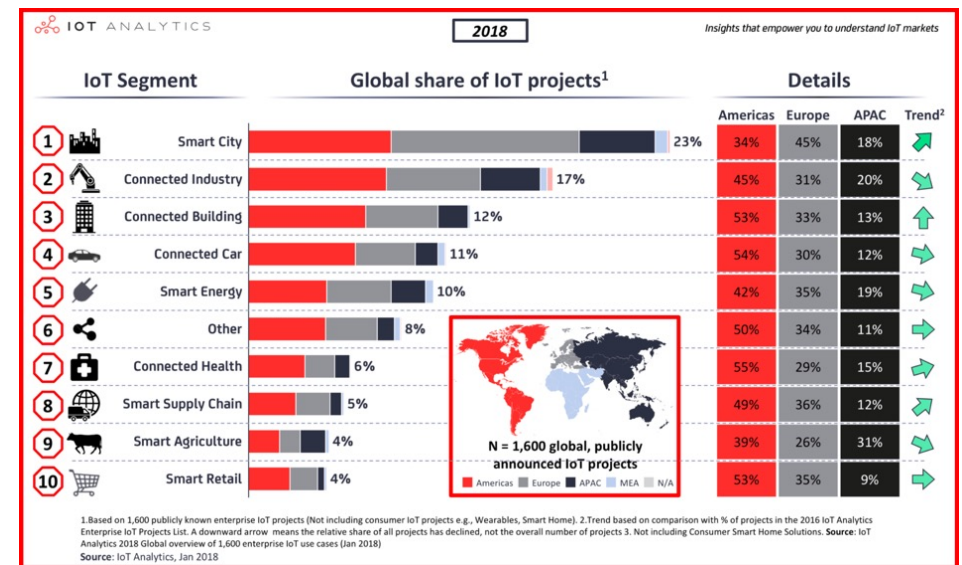
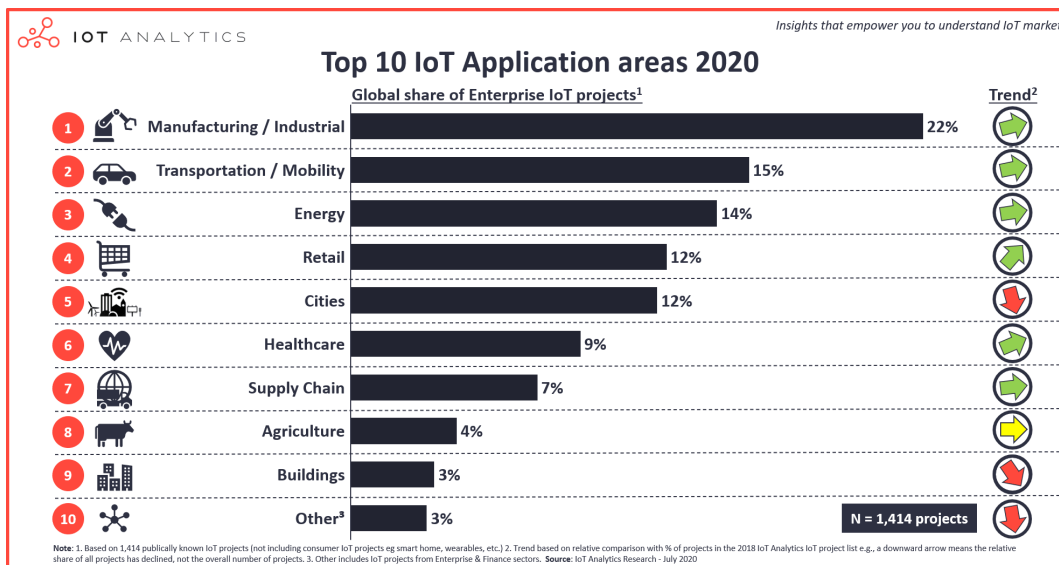
# Sense, Monitor, Optimize & Control



# Top IoT applications, 2020



# IoT: 2020 vs 2018



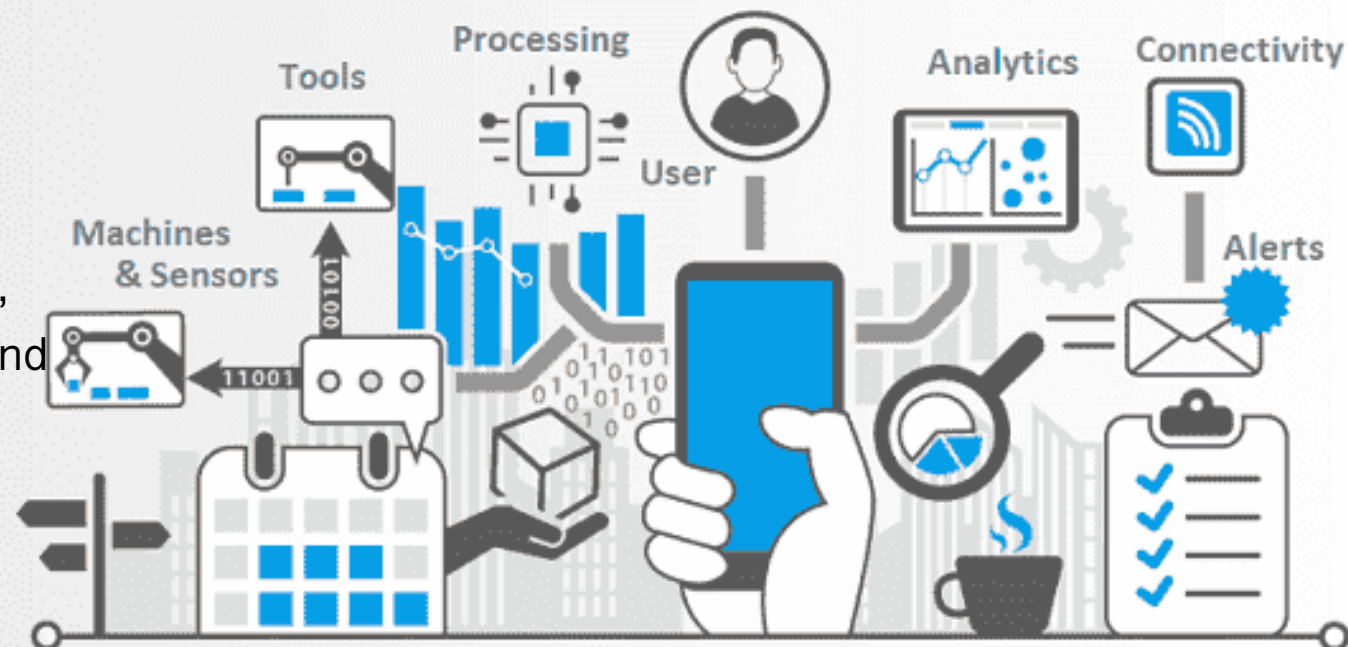
Q: What happen to Smart City?

# IoT in industry



- ⦿ Infrastructure monitoring, Security & Safety
- ⦿ Continuous process improvement, Process automation, Process optimization
- ⦿ Smart logistics management, remote management, tracking,
- ⦿ Connectivity to back-end system, integration of smart tools, Interoperability
- ⦿ Data analysis, Supply Chain Optimization, Predictive maintenance

## Industrial Internet of Things

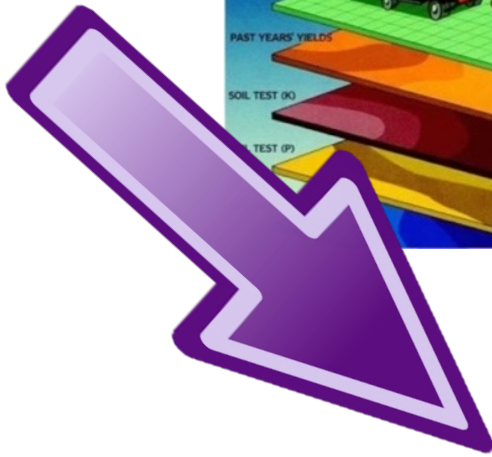




# IoT for Smart Agriculture



Soil Monitoring



Connected Agriculture



# IoT for development!



Water saving



Livestock farming



Fish farming & aquaculture



Logistic, Storage, Asset Tracking



Smallholder Agriculture



Water quality & Health

# Is IoT the solution for your problem?

**Q: How get real-time position of all city buses?**



**A: Install a GPS + 4G electronic box in each bus to turn the bus into a connected bus!**

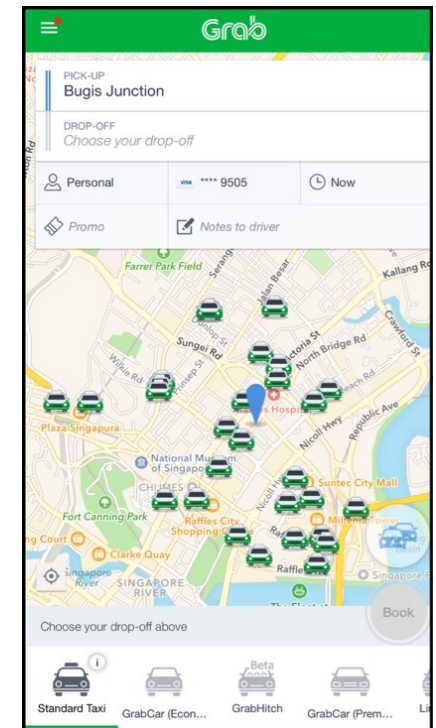
**Q: Is it cost-effective?**

# Is IoT the solution for your problem?

Q: How get real-time position of all city buses?



"GPS + 4G"  
Hum, looks like a smartphone...





# Is IoT the solution for your problem?

**Q: How to enable municipal street sweepers to report illegal dumping, leaking pipes and emergencies?**



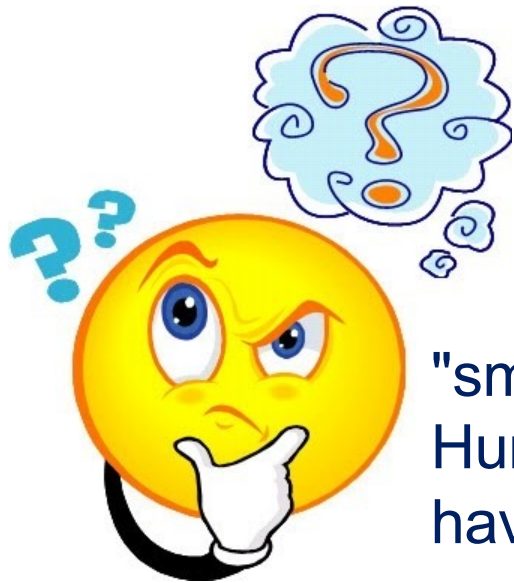
**I know! I know !**

**A: Give them a smartphone and they can use it for reporting!**

**Q: Is it efficient?**

# Is IoT the solution for your problem?

Q: How to enable municipal street sweepers to report illegal dumping, leaking pipes and emergencies?



"smartphone"  
Hum, they only  
have 2 hands...



ITU Telecom World 2018  
Phathwa Senene at MTN booth





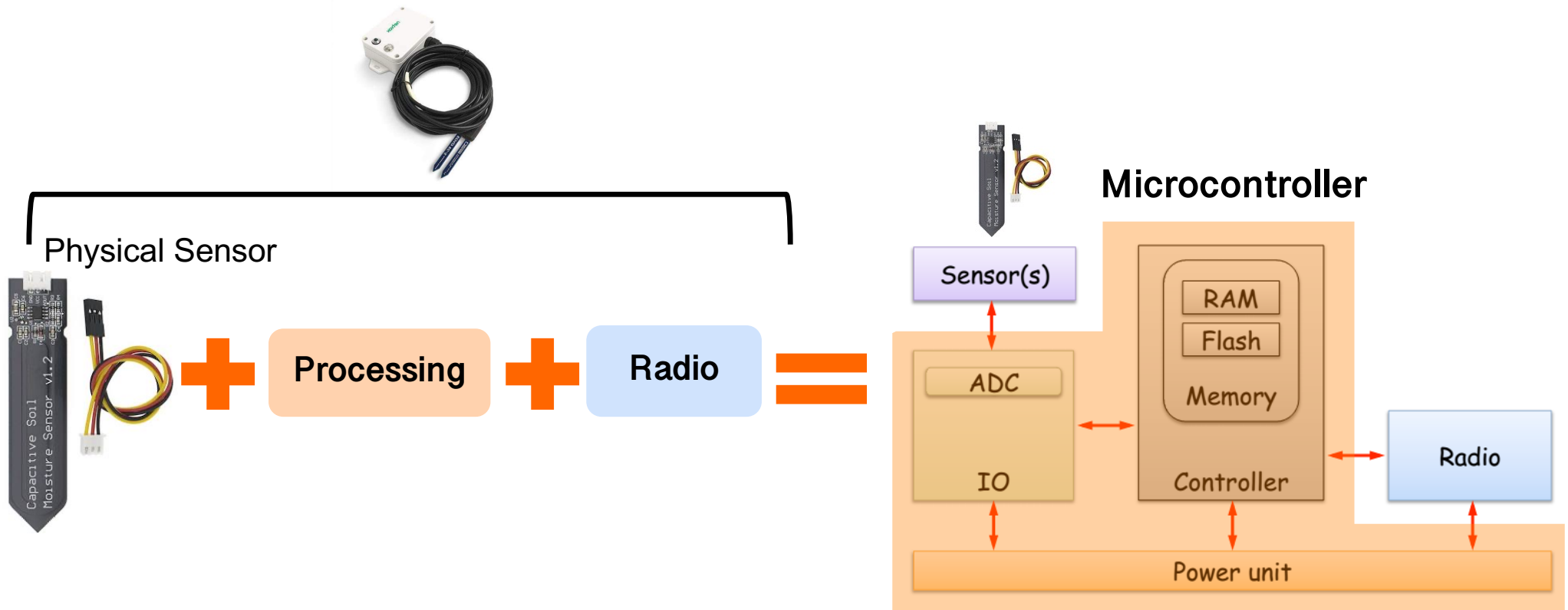
# IOT

TECHNOLOGY ?

CONCEPT ?

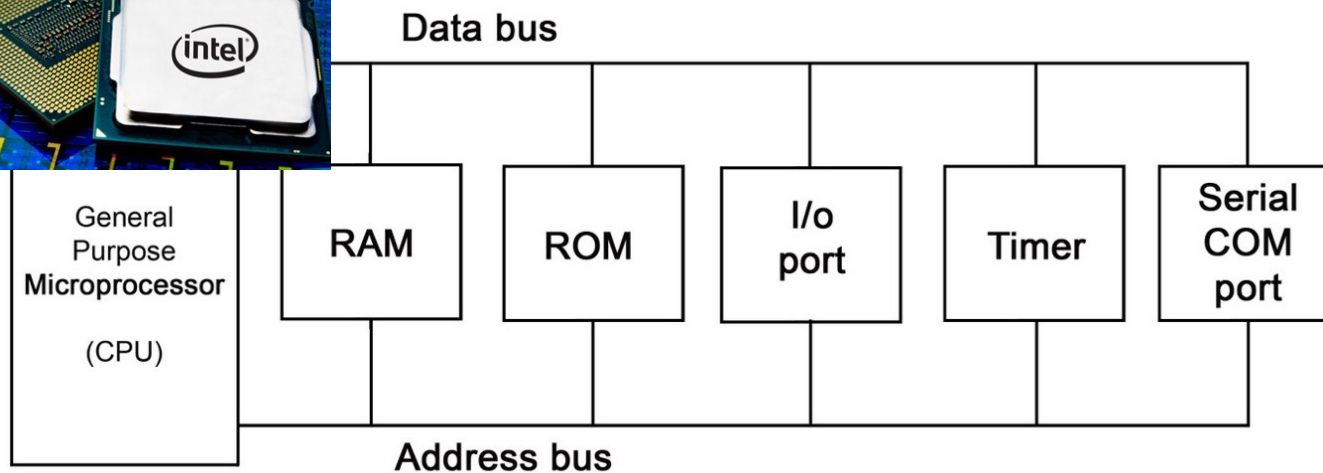
# Typical IoT device

- IoT device can be viewed as a simple Embedded System

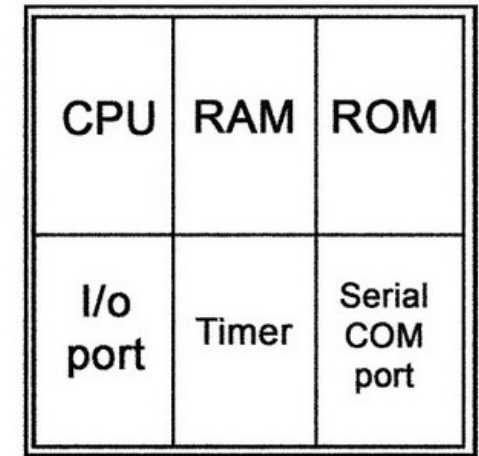


Q: uprocessor vs ucontroller?

- ⦿ A microprocessor unit (MPU) is a processor on one silicon chip
- ⦿ A microcontroller unit (MCU) is a microprocessor with some added circuitry on one silicon chip
- ⦿ Microcontrollers are used in embedded computing and **most IoT devices are based on microcontrollers**



**VS**



(Single chip)

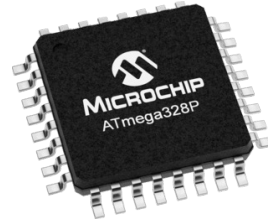
From "An Embedded System Overview" by Dr. Eng. Amr T. Abdel-Hamid

# From $\mu$ controller to $\mu$ controller board

- ⦿ A  $\mu$ controller can be standalone...

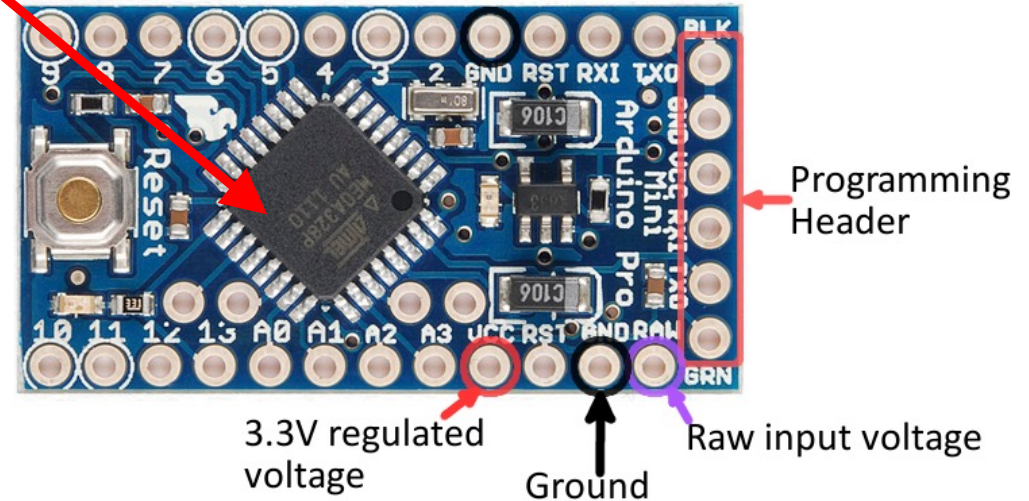
CPU	RAM	ROM
I/o port	Timer	Serial COM port

(Single chip)



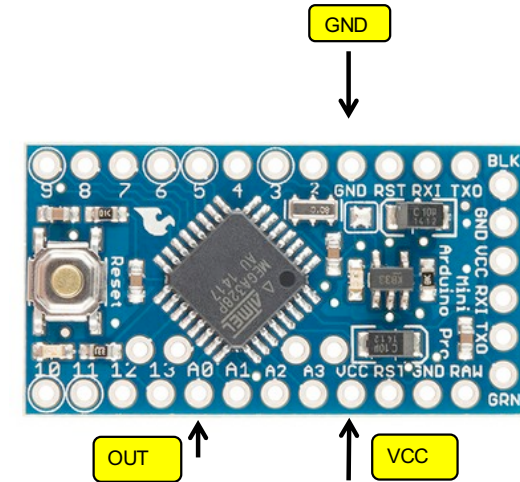
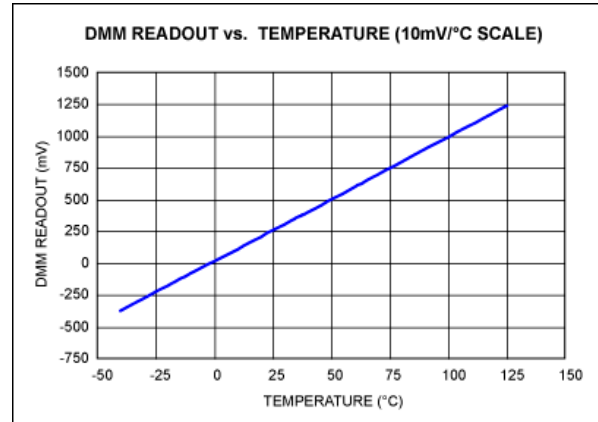
- ⦿ But, it is usually mounted on a board with additional electronics parts

- ⦿ Leds, Voltage regulators
- ⦿ Easy access to pins
- ⦿ Reset button
- ⦿ Serial-USB interface





# Digitalizing the physical world!



Microcontrollers have Analog/Digital (A/D) converter to map a voltage to a numerical value. **A/D with 10-bit resolution give numerical values in  $[0, 2^{10}-1] = [0, 1023]$**

Vcc usually refers to the operating voltage of a given microcontroller. Vcc is typically 3.3V.

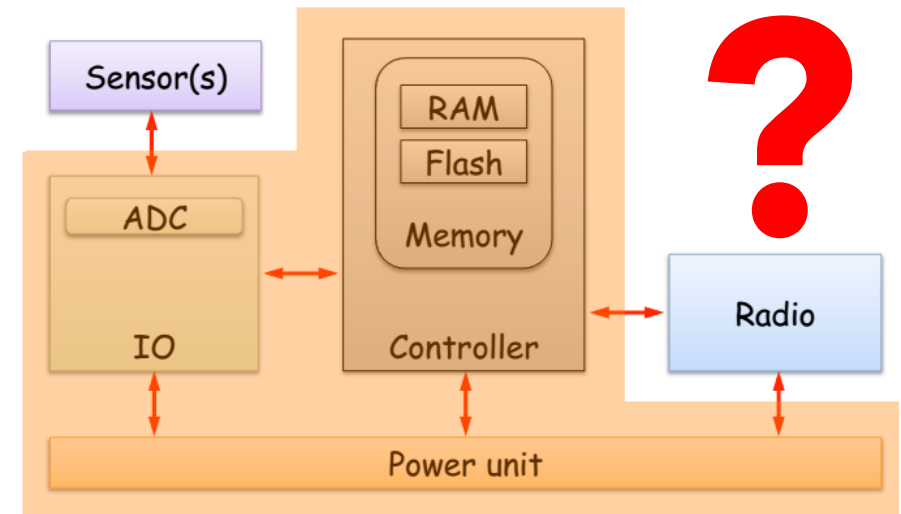
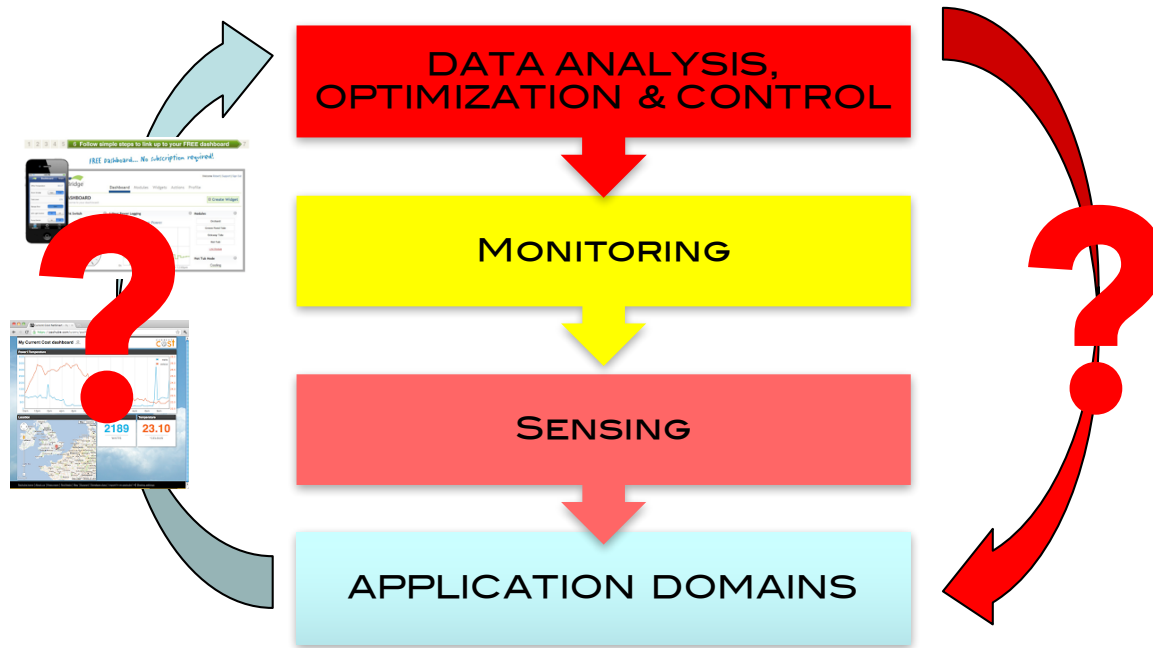
If  $0=0V$  and  $1023=3300mV$  then  **$3300mV/1024=3.22mV$  is the granularity of the measure**

Reading a digital value of 100 means  $100 \cdot 3.22mV = 322mV$

**If the sensor output is  $10mV/1^\circ C$  then the physical temperature is  $322mV/10mV = 32.2^\circ C$**

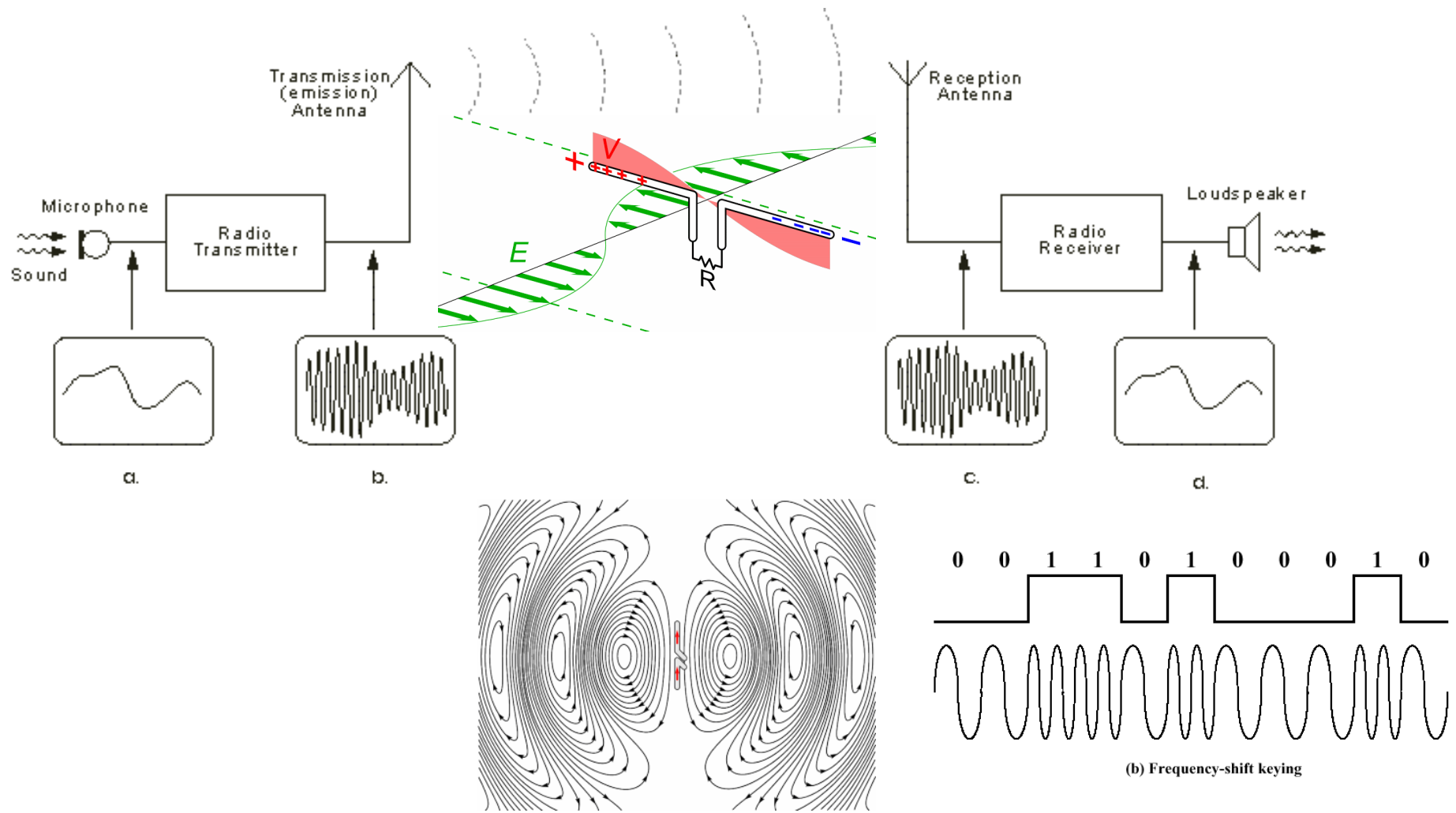


# How to collect data?



Microcontroller

# Wireless (radio) transmission basics

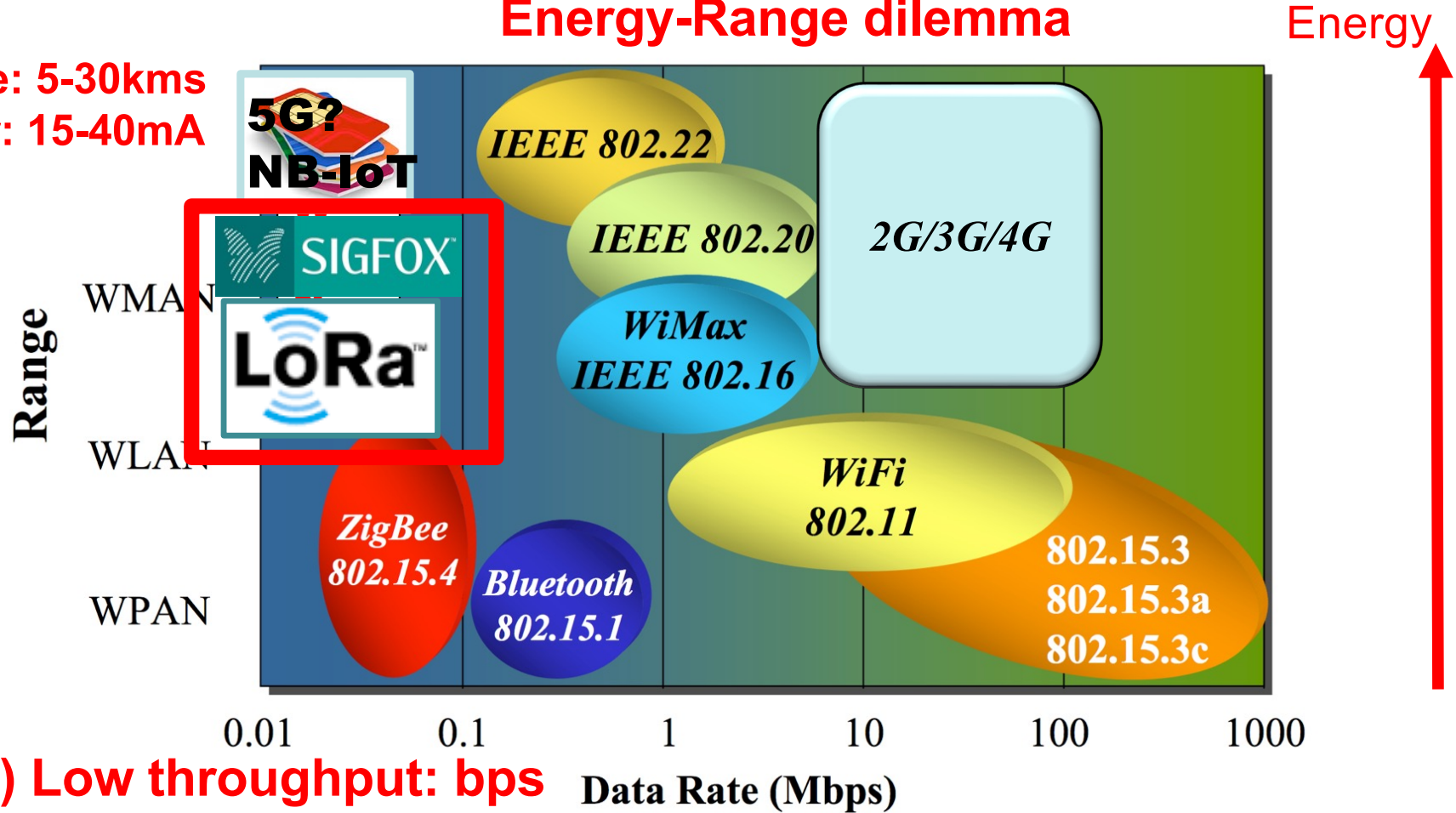


Q: Can we have Gbps in wireless?

# Low-power & long-range radios

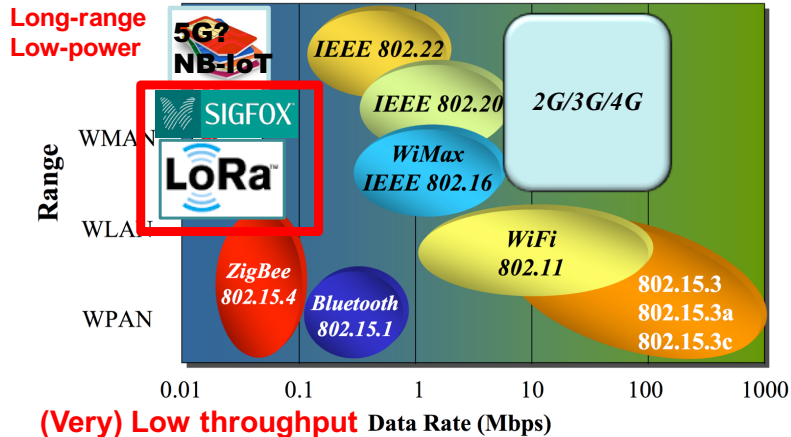
## Energy-Range dilemma

Long-range: 5-30kms  
Low-power: 15-40mA



# Energy consumption comparison

## Energy-Range dilemma



Energy ↑

2G	3G	LAN	ZigBee	Lo Power WAN
N/A	N/A	O: 300m I: 30m	O: 90m I: 30m	Same as 2G/3G
200-500mA	500-1000mA	100-300mA	18mA	18mA-40mA
2.3mA	3.5mA	NC	0.003mA	0.001mA



2500mA

TX power: 500mA. Mean consumption:  $(8s \times 500 + 3592s \times 0.005) / 3600 = 1.11mA$

$2500 / 1.11 = 2252h = 93 \text{ days} = 3 \text{ months} \text{ ☹️}$

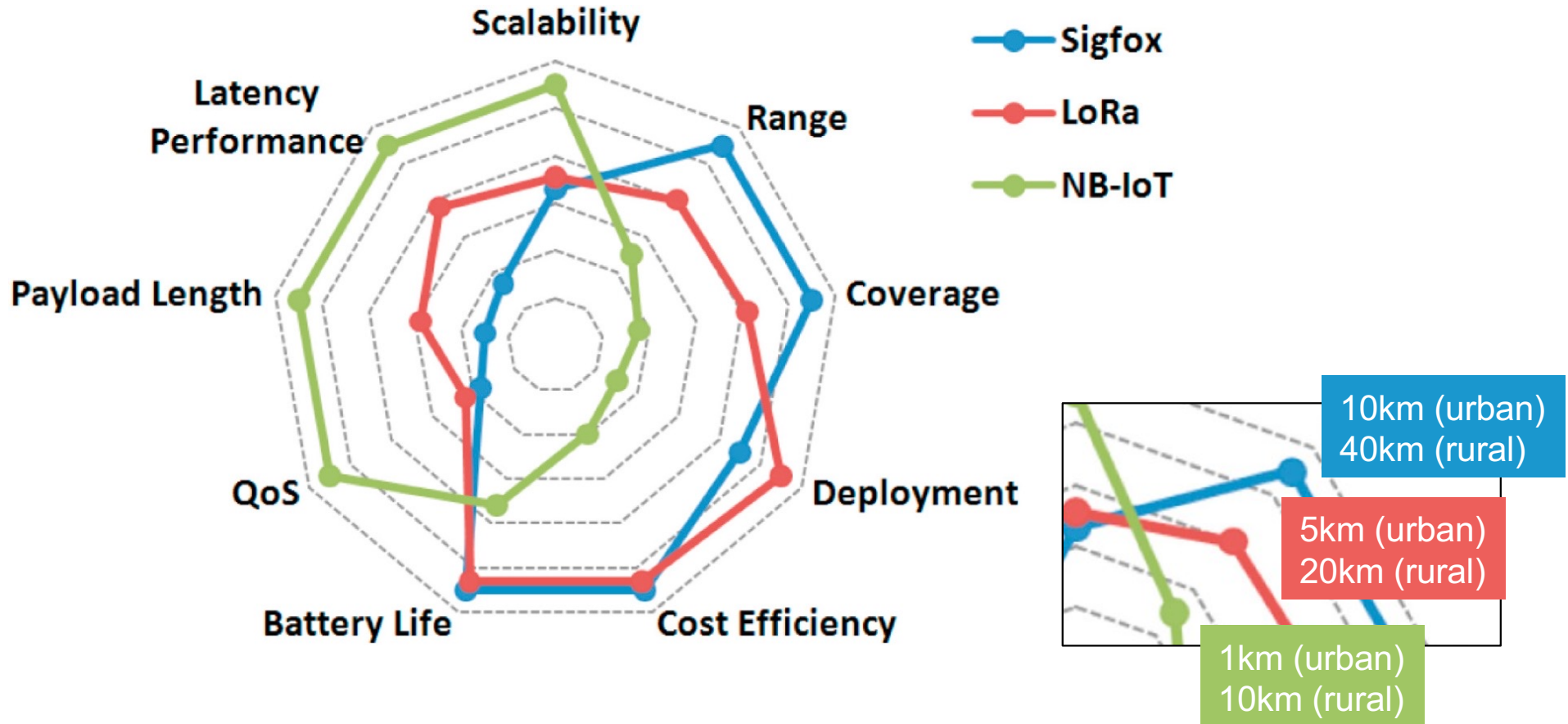
In most cellular networks, the device is still maintaining communication with BS even if it is inactive

TX power: 40mA. Mean consumption:  $(2s \times 40 + 3598s \times 0.005) / 3600 = 0.027mA$

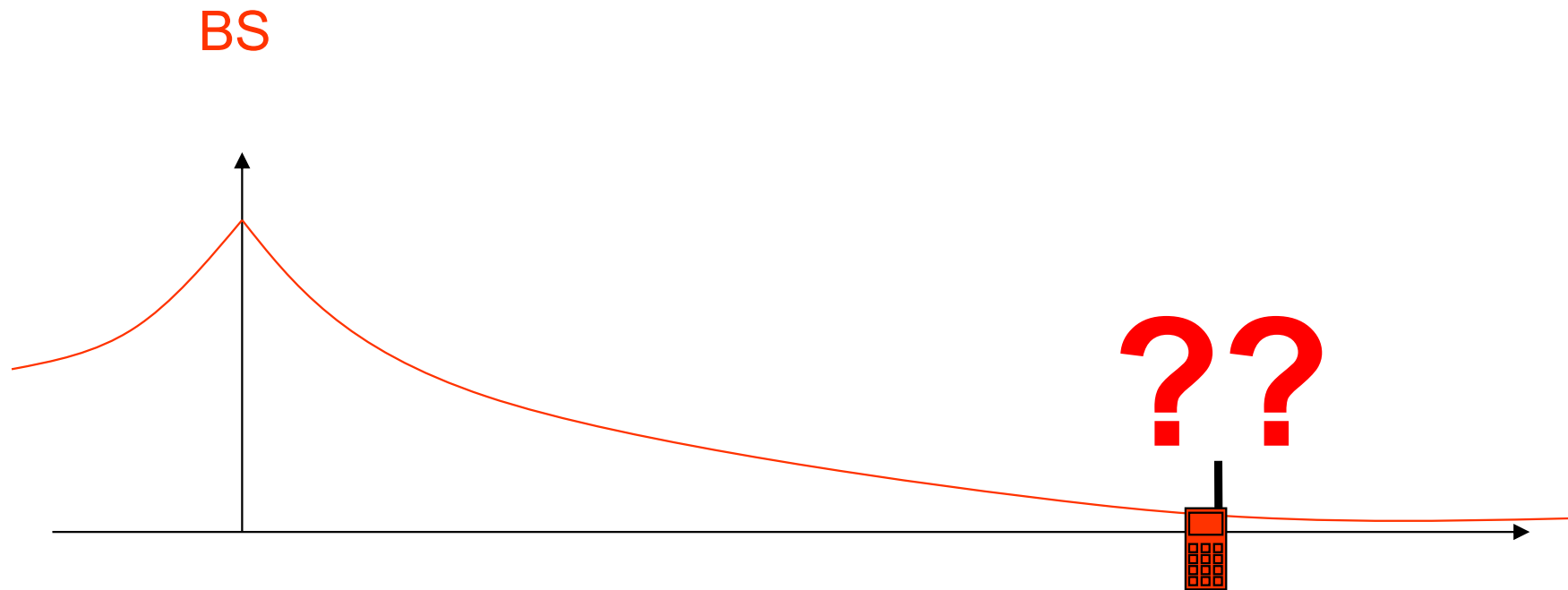
$2500 / 0.027 = 92592h = 3858 \text{ days} = 10 \text{ y.} \text{ 😊}$

LPWAN does not need to maintain connection if not in used

# LPWAN expected range?



# 1st challenge: signal attenuation



# Attenuation limits the range!

- ⦿ Depends mainly on distance

$$P_r = P_e d^{-\alpha}$$

- ⦿ with :
  - $P_e$  = transmitted power
  - $P_r$  = received power
  - $d$  = distance between antennas
  - $\alpha$  from 2 to 4

# Attenuation in practice

- ⦿ For an ideal antenna (theoretic)

$$\frac{P_e}{P_r} = \frac{(4\pi d)^2}{\lambda^2} = \frac{(4\pi f d)^2}{c^2}$$

- $P_e$  = transmitted power
- $P_r$  = received power
- $P_e / P_r$  is high when  $P_r$  is small → high attenuation
- $d$  = distance between antennas
- $c$  = light speed in space  $3 \cdot 10^8$  m/s
- $\lambda$  = wave length of the signal =  $c/f$
- Higher frequencies  $f$  means higher attenuation!

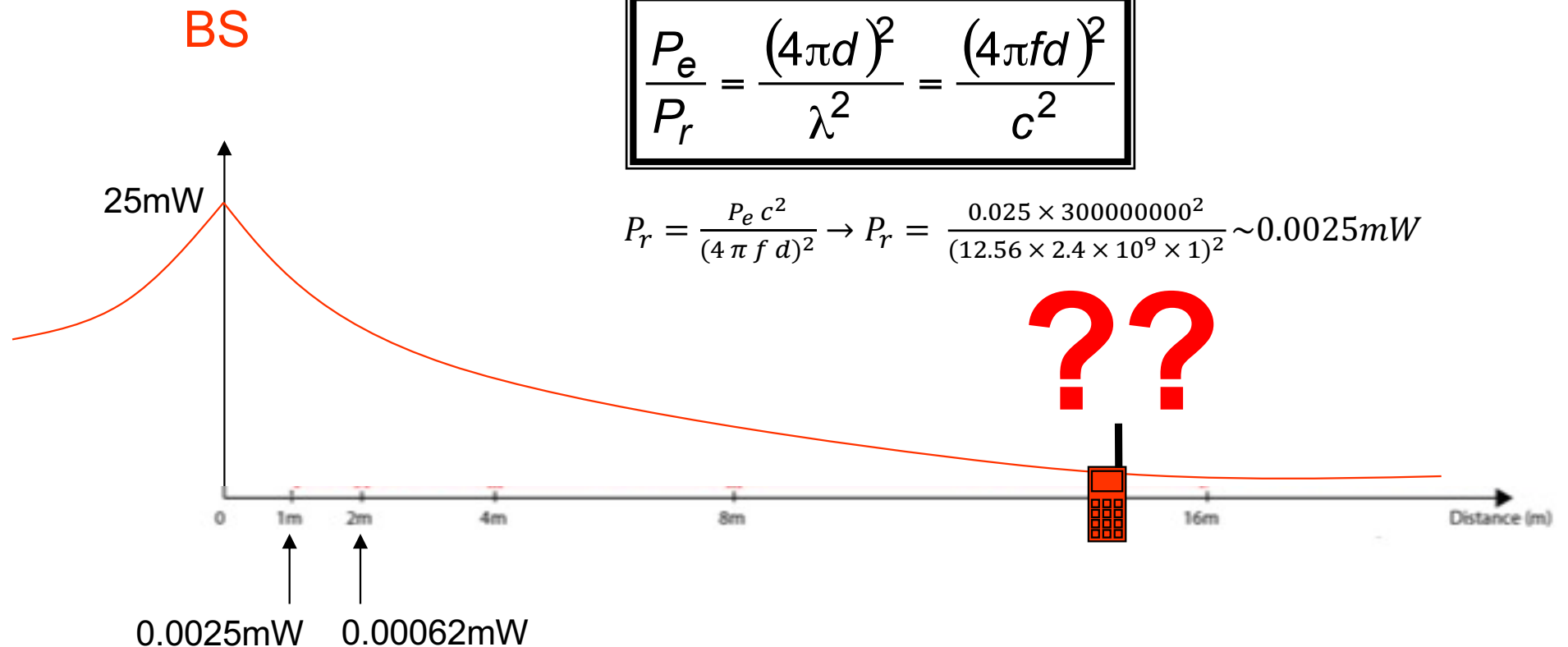


# Attenuation, value in watts

- Free Space Path Loss model

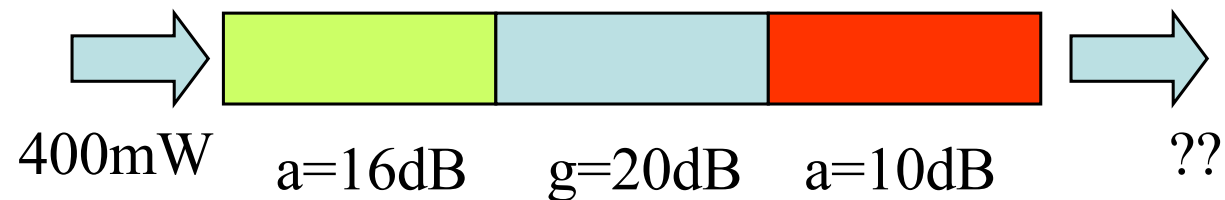
$$\frac{P_e}{P_r} = \frac{(4\pi d)^2}{\lambda^2} = \frac{(4\pi f d)^2}{c^2}$$

$$P_r = \frac{P_e c^2}{(4\pi f d)^2} \rightarrow P_r = \frac{0.025 \times 300000000^2}{(12.56 \times 2.4 \times 10^9 \times 1)^2} \sim 0.0025mW$$



# Attenuation in decibel (dB)

- ⊙ Decibel uses logarithmic scale as attenuation values can be very large
- ⊙ Attenuation in dB:  $10\log_{10}(P_e/P_r)$ ,  $P_e$  and  $P_r$  in watts
  - ⊙ So  $P_e/P_r = 10^{\text{dB}/10}$
  - ⊙ Difference of 3dB  $\approx$  half (divided by 2) as  $P_e/P_r = 10^{3/10} = 10^{0.3} = 1.99526\dots$
- ⊙  $\blackrightarrow$  Gain =  $10\log_{10}(P_r/P_e)$
- ⊙ We can add various sections with attenuation or gain



$-16\text{dB} + 20\text{dB} - 10\text{dB} = -6\text{dB}$ , so it is an attenuation  
 $P_e/P_r = 10^{6/10} = 10^{0.6} = 3.98 \blackrightarrow P_r = P_e/3.98 \approx 100\text{mW}$

# dB, dBm, ...

- Total net output power of transmitter
- Typically measured in dBm or mW



- **mW**: milliwatts are a measurement of power (1000 mW = 1 Watt).
- **dB**: decibel is a unit for expressing the ratio of two amounts of signal power equal to 10 times the common logarithm of this ratio. So, a power measurement in dB has to be relative to something.
- **dBm**: dB(mW) is power relative to 1 milliwatt (mW to dBm =  $10 \log_{10}(\text{mW}/1000) + 30$ ).  

$$P(\text{dBm}) = 10 \cdot \log_{10}( P(\text{mW}) / 1\text{mW} )$$
- **dB<sub>i</sub>**: dB(isotropic) is the forward gain of an antenna compared to the hypothetical isotropic antenna, which uniformly distributes energy in all directions.

# dBm to mW conversion

$$P(\text{dBm}) = 10 \cdot \log_{10}(P(\text{mW})/1\text{mW})$$

$$P(\text{mW}) = 10^{\frac{P(\text{dBm})}{10}}$$

Ex:

$$P(\text{mW}) = 10^{\frac{14\text{dBm}}{10}} = 10^{1.4} = 25.118\text{mW}$$

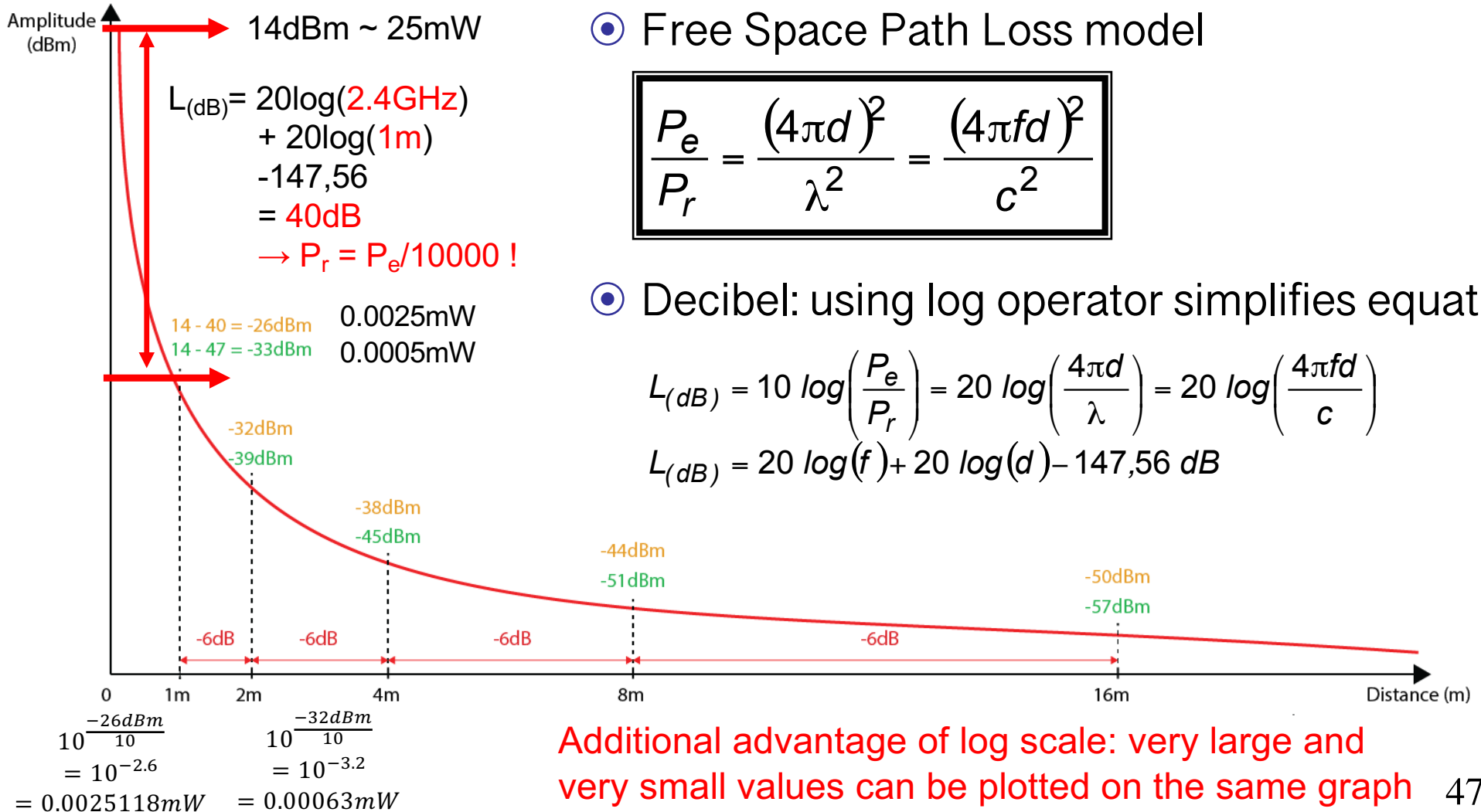
dBm	Watts
0	1.0 mW
1	1.3 mW
2	1.6 mW
3	2.0 mW
4	2.5 mW
5	3.2 mW
6	4 mW
7	5 mW
8	6 mW
9	8 mW
10	10 mW
11	13 mW
12	16 mW
13	20 mW
14	25 mW
15	32 mW

dBm	Watts
16	40 mW
17	50 mW
18	63 mW
19	79 mW
20	100 mW
21	126 mW
22	158 mW
23	200 mW
24	250 mW
25	316 mW
26	398 mW
27	500 mW
28	630 mW
29	800 mW
30	1.0 W
31	1.3 W

dBm	Watts
32	1.6 W
33	2.0 W
34	2.5 W
35	3.2 W
36	4.0 W
37	5.0 W
38	6.3 W
39	8.0 W
40	10 W
41	13 W
42	16 W
43	20 W
44	25 W
45	32 W
46	40 W
47	50 W

# Attenuation in image

2.4GHz EIRP = 14dBm  
5GHz EIRP = 14dBm



- Free Space Path Loss model

$$\frac{P_e}{P_r} = \frac{(4\pi d)^2}{\lambda^2} = \frac{(4\pi f d)^2}{c^2}$$

- Decibel: using log operator simplifies equation

$$L_{(dB)} = 10 \log\left(\frac{P_e}{P_r}\right) = 20 \log\left(\frac{4\pi d}{\lambda}\right) = 20 \log\left(\frac{4\pi f d}{c}\right)$$

$$L_{(dB)} = 20 \log(f) + 20 \log(d) - 147,56 \text{ dB}$$

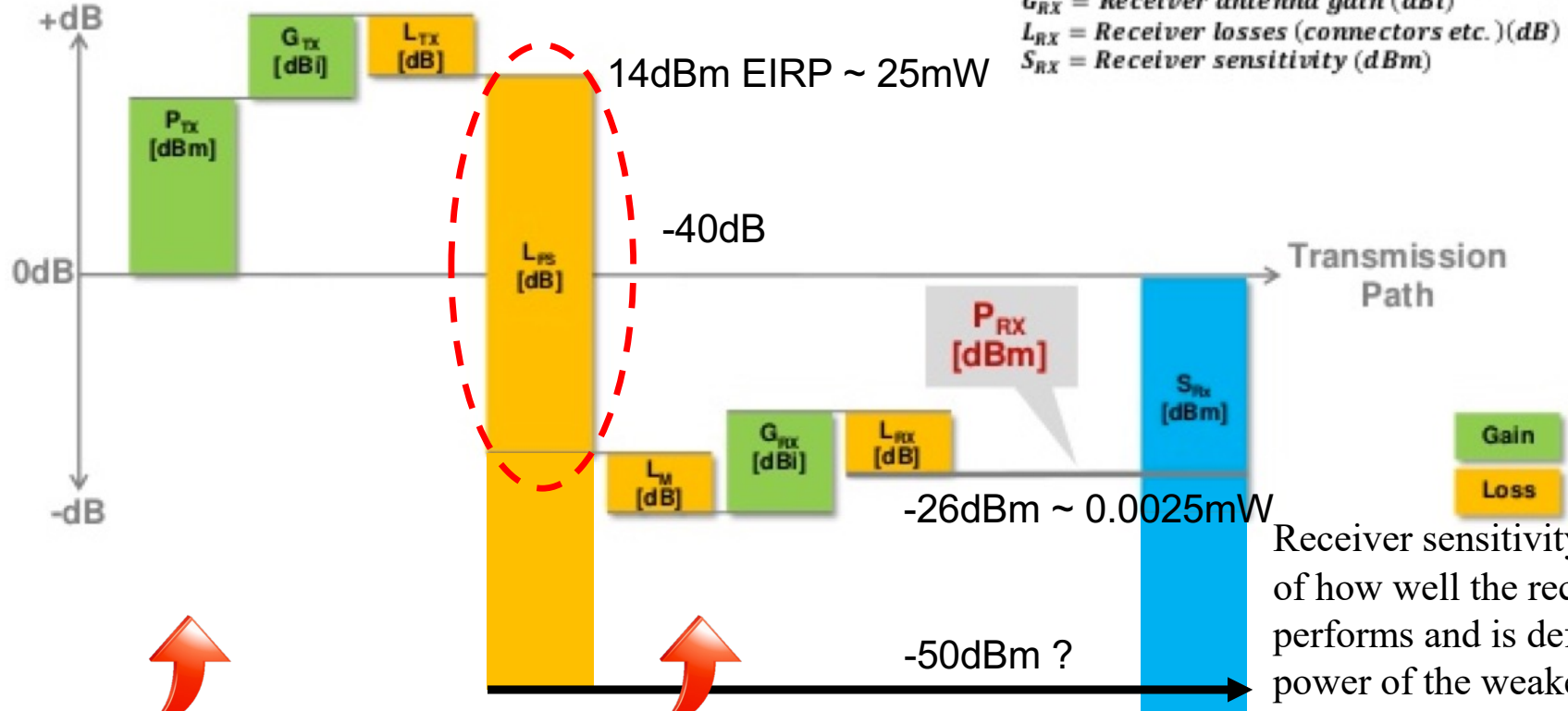
Additional advantage of log scale: very large and very small values can be plotted on the same graph 47

# Link budget in wireless system

$$P_{RX} = P_{TX} + G_{TX} - L_{TX} - L_{FS} - L_M + G_{RX} - L_{RX}$$

- $P_{RX}$  = Received power (dBm)
- $P_{TX}$  = Sender output power (dBm)
- $G_{TX}$  = Sender antenna gain (dBi)
- $L_{TX}$  = Sender losses (connectors etc.) (dB)
- $L_{FS}$  = Free space loss (dB)
- $L_M$  = Misc. losses (multipath etc.) (dB)
- $G_{RX}$  = Receiver antenna gain (dBi)
- $L_{RX}$  = Receiver losses (connectors etc.) (dB)
- $S_{RX}$  = Receiver sensitivity (dBm)

Adapted from Peter R. Egli, INDIGOO.COM



Receiver sensitivity is a measure of how well the receiver performs and is defined as the power of the weakest signal the receiver can detect

$$L_{(dB)} = 20 \log(f) + 20 \log(d) - 147,56 \text{ dB}$$

# How can we increase range?

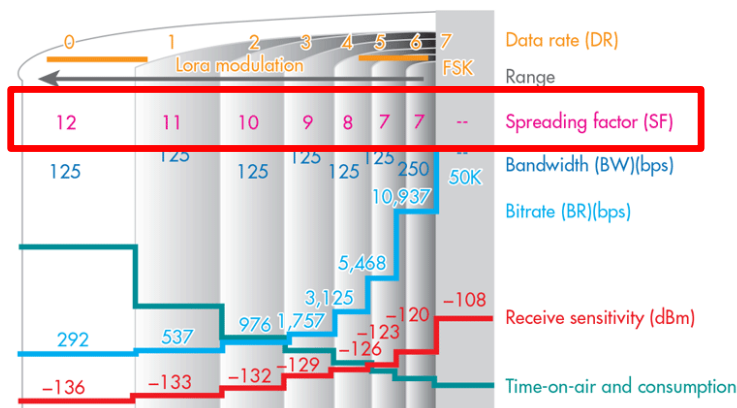


I'm not fluent in idiot  
could you please speak



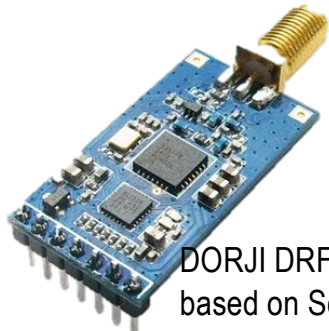
more slowly?

- ⦿ Increase TX power and/or improve RX sensitivity
- ⦿ Generally, RX sensitivity ( $\sim$ robustness) can be increased when transmitting (much) slower (like speaking slower!)
- ⦿ LoRa uses spread spectrum approach to increase RX sensitivity
  - ⦿ Spreading Factor defines how many chips will be used to code a symbol. More chip/symbol=longer transmission time  $\Rightarrow$  more robustness
- ⦿ **The price to pay for LPWAN**
  - ⦿ LoRa has **very low** throughput: 200bps-37500bps (0.2-37.5kbps)



- WiFi 802.11n: 450 000 000 bps (450Mbps)
- WiFi 802.11g: 54 000 000 bps (54Mbps)
- Bluetooth3&4: 25 000 000 bps (25Mbps)
- Bluetooth BLE: 2 000 000 bps (2Mbps)
- 3G/4G : 20Mbps-200Mbps
- **LoRa** : 200bps-37500bps (0.0002-0.0375Mbps)
- 3G/LoRa ratio: 20,000,000bps/200bps=100000!

# LoRa modules with Semtech's SX127x



DORJI DRF1278DM is based on Semtech SX1278 LoRa 433MHz



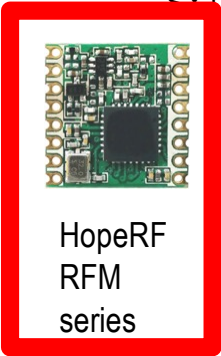
Libelium LoRa is based on Semtech SX1272 LoRa 863-870 MHz for Europe



inAir9 based on SX1276



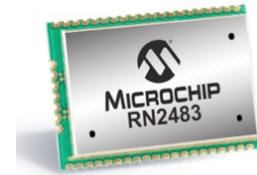
Froggy Factory LoRa module (Arduino)



HopeRF RFM series

## KEY PRODUCT FEATURES

- ◆ LoRa® Modem
- ◆ 168 dB maximum link budget
- ◆ +20 dBm - 100 mW constant RF output vs. V supply
- ◆ +14 dBm high efficiency PA
- ◆ Programmable bit rate up to 300 kbps
- ◆ High sensitivity: down to -148 dBm



LoRa™ Long-Range Sub-GHz Module (Part # RN2483)

Microship RN2483



Multi-Tech MultiConnect mDot



ARM-Nano N8 LoRa module from ATIM



SODAQ LoRaBee Embit



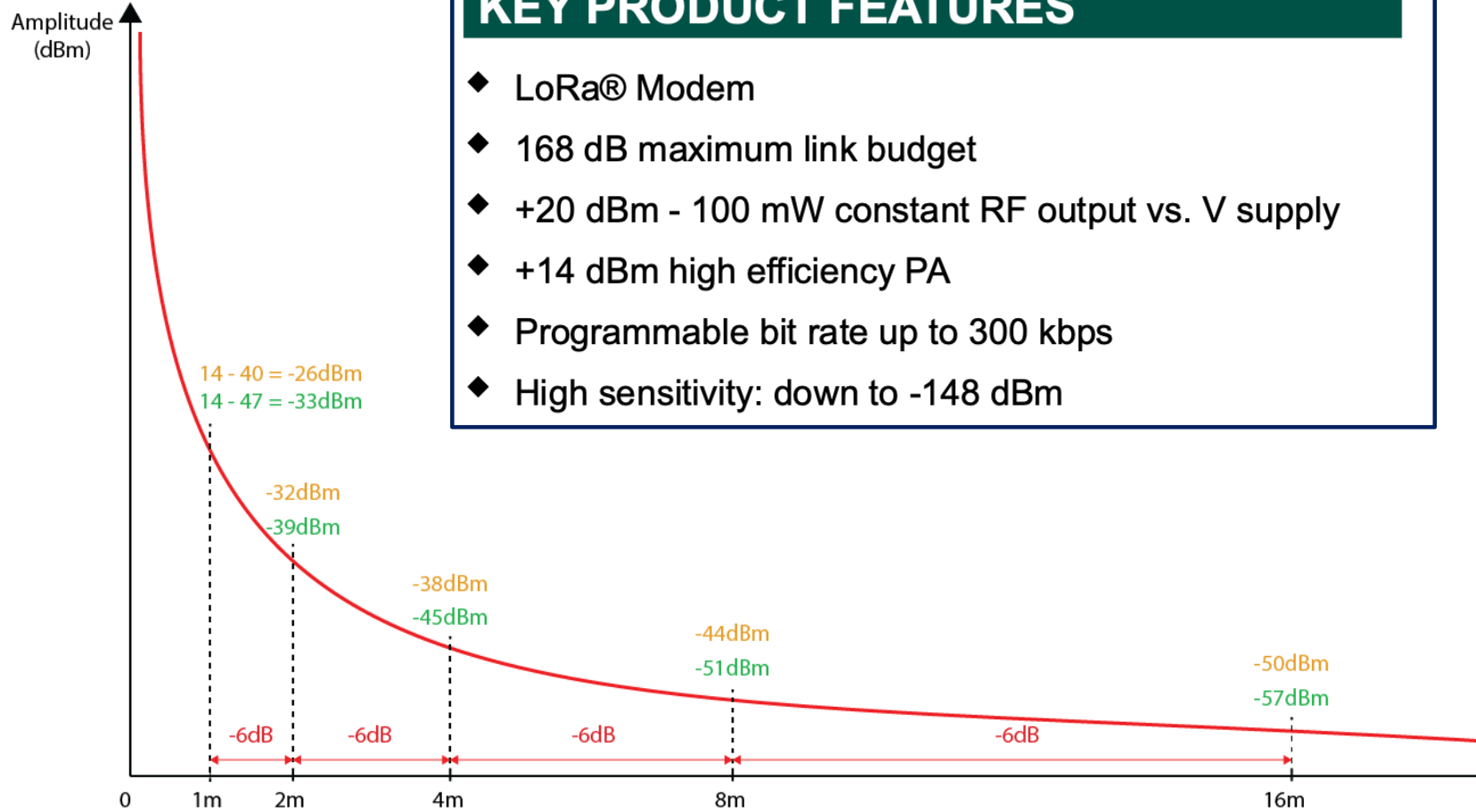
SODAQ LoRaBee RN2483



# What distance for -148dBm?



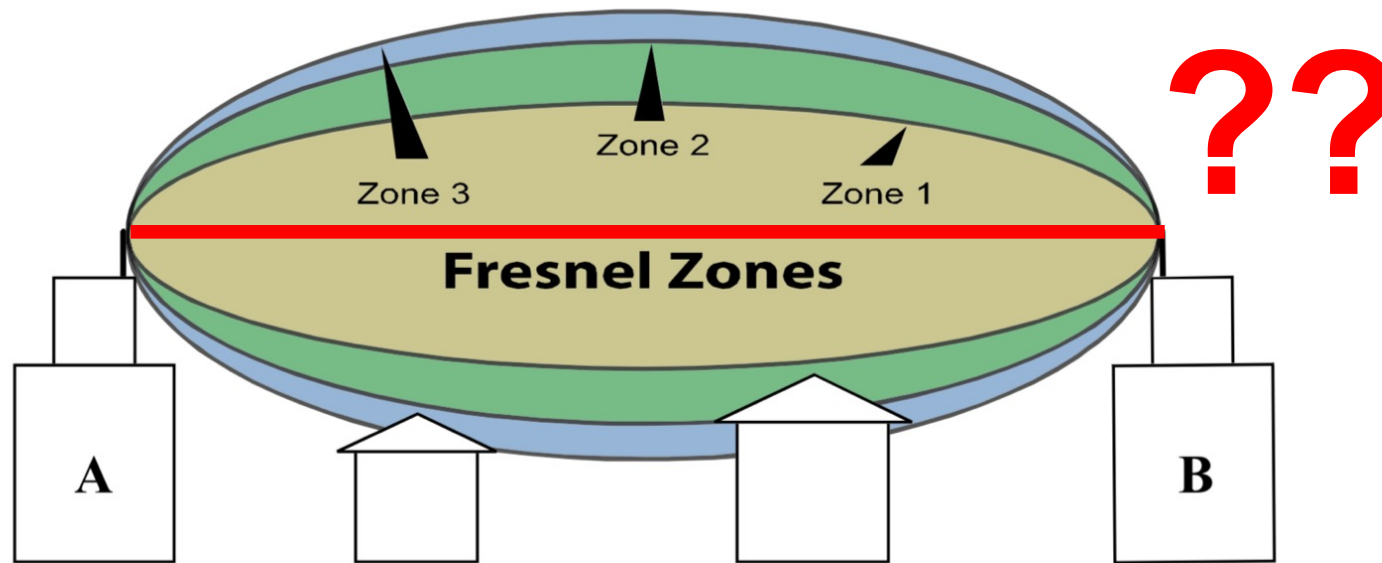
2.4GHz EIRP = 14dBm  
5GHz EIRP = 14dBm



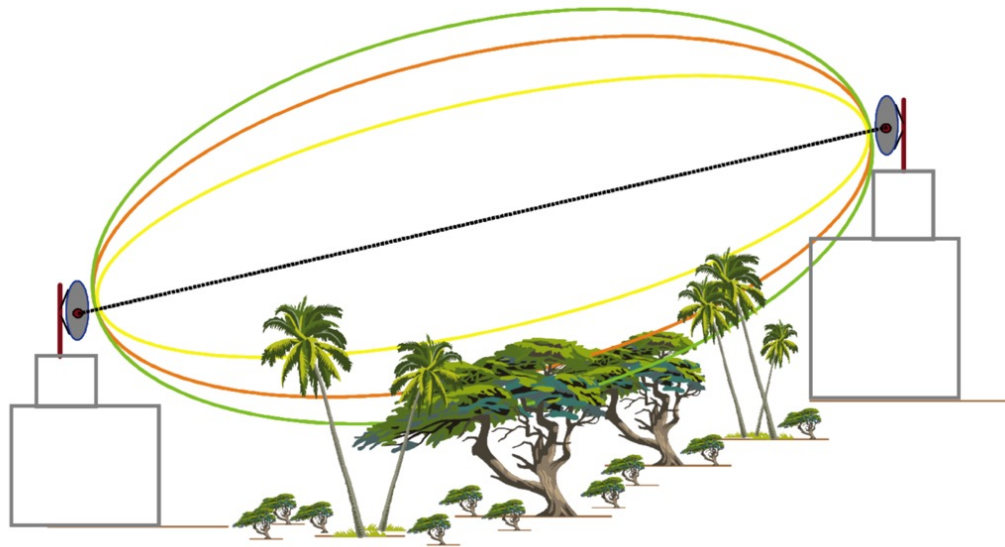
-26	1
-32	2
-38	4
-44	8
-50	16
-56	32
-62	64
-68	128
-74	256
-80	512
-86	1024
-92	2048
-98	4096
-104	8192
-110	16384
-116	32768
-122	65536
-128	131072
-134	262144
-140	524288
-146	1048576
-152	2097152

# Line-of-Sight & Fresnel zone

- LoS means clear Fresnel zone
- Football (american) shape
- Acceptable = 60% of zone 1 + 3m

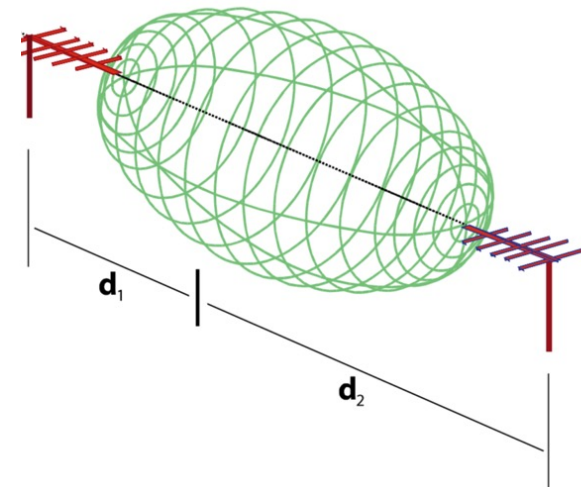


# Clearing the Fresnel zone? Raise antennas!



$$r_n = \sqrt{\frac{d_1 d_2}{d_1 + d_2}}$$


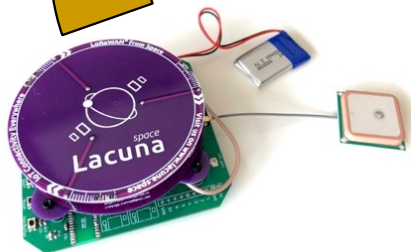
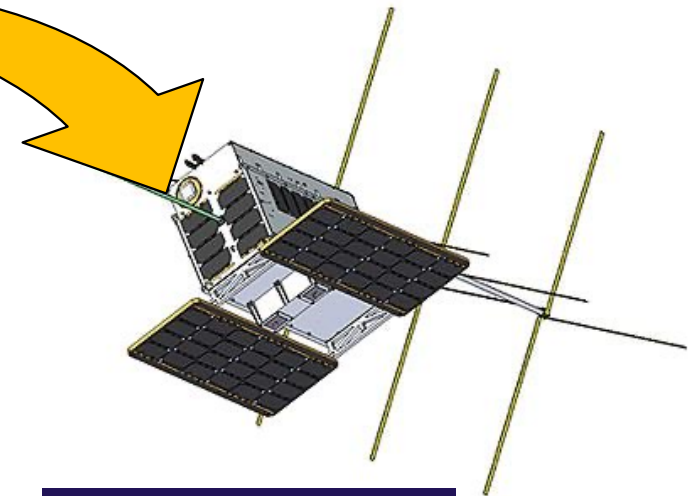
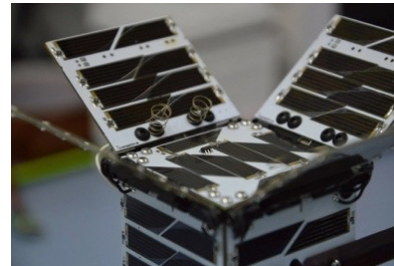
Range Distance	900 MHz Modems Required Fresnel Zone Diameter	2.4 GHz Modems Required Fresnel Zone Diameter
1000 ft. (300 m)	16 ft. (5 m)	11 ft. (3.4 m)
1 Mile (1.6 km)	32 ft. (10 m)	21 ft. (6.4 m)
5 Miles (8 km)	68 ft. (21 m)	43 ft. (13 m)
10 Miles (16 km)	95 ft. (29 m)	59 ft. (18 m)



# Clearing the Fresnel zone? Let's use satellite!

- Low-orbit, low-cost; compact satellite for global coverage

LoRa over 1200kms!

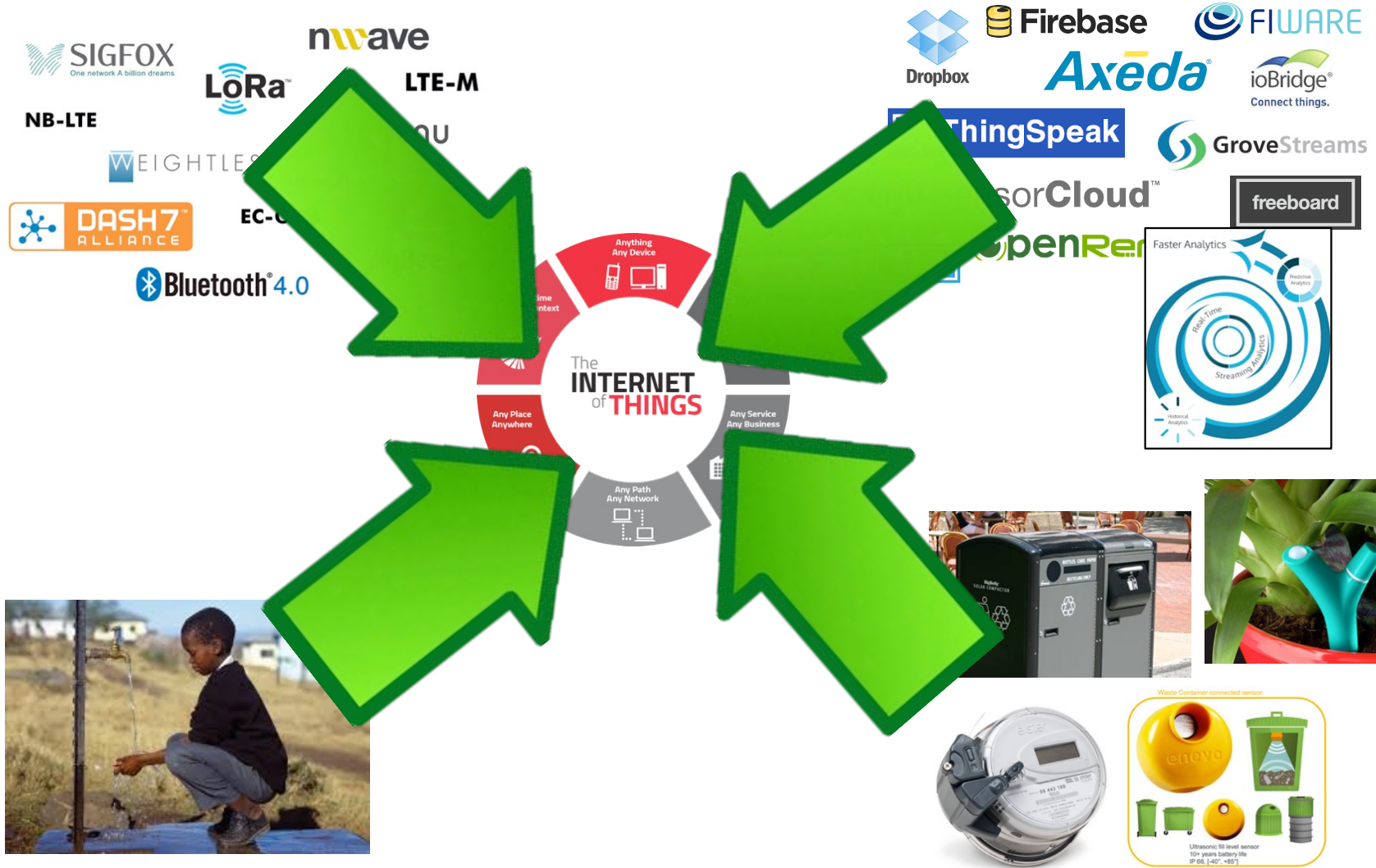


space  
**Lacuna**

Low-cost, simple and reliable global connections to sensors and mobile equipment. It just works everywhere, and all the time, so you can focus on using your data.

<https://lacuna.space/first-successful-lacunasat-launch-in-2021/>

# IoT becomes reality!

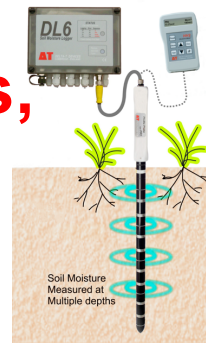
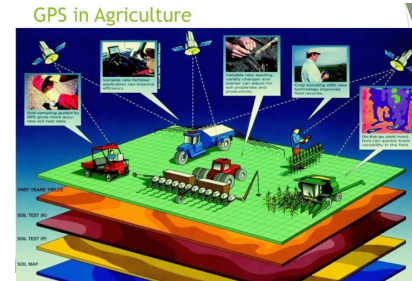


# A reality for everybody?



Too expensive  
Too integrated  
Highly specialized  
Difficult to customize  
Difficult to upgrade

**Many commercial systems are not adapted for developing countries, rural areas, smallholders, ...**



Needs, cost, design approach, constraints & control mechanisms

**Challenges:**  
Low-cost, adaptation, digital inclusion, local economy



# WAZIUP Low-cost IoT!



WAZIUP ABOUT » TECHNOLOGIES » COMMUNITY NEWS & EVENT » DOWNLOADS DEV KIT FAQ CONTACT

**AFFORDABLE TECHNOLOGIES TO EMPOWER RURAL ECONOMIES**

Prof. Congduc Pham  
<http://www.univ-pau.fr/~cpham>



# Arduino's success story starting in 2005



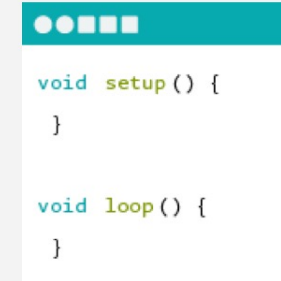
## WHAT IS ARDUINO?

Arduino is an open-source electronics platform based on easy-to-use hardware and software. It's intended for anyone making interactive projects.



## ARDUINO BOARD

Arduino senses the environment by receiving inputs from many sensors, and affects its surroundings by controlling lights, motors, and other actuators.



## ARDUINO SOFTWARE

You can tell your Arduino what to do by writing code in the Arduino programming language and using the Arduino development environment.



# Low-cost microcontroller boards



Arduino Pro Mini



LoPy

<http://blog.atmel.com/2015/12/16/rewind-50-of-the-best-boards-from-2015/>

<http://blog.atmel.com/2015/04/09/25-dev-boards-to-help-you-get-started-on-your-next-iot-project/>



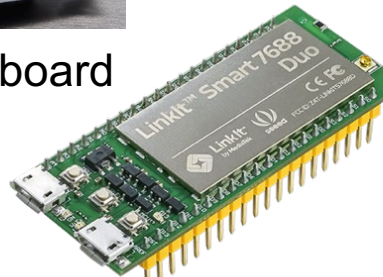
Theairboard



Expressif ESP32

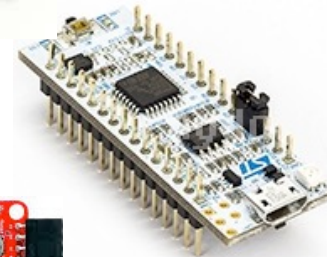


Teensy 3.2



LinkIt Smart7688 duo

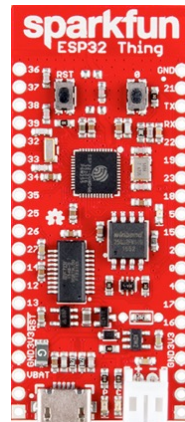
STM32 Nucleo-32



Heltec ESP32 + OLED



Adafruit Feather



Sparkfun ESP32 Thing



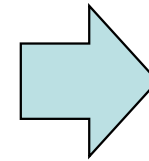
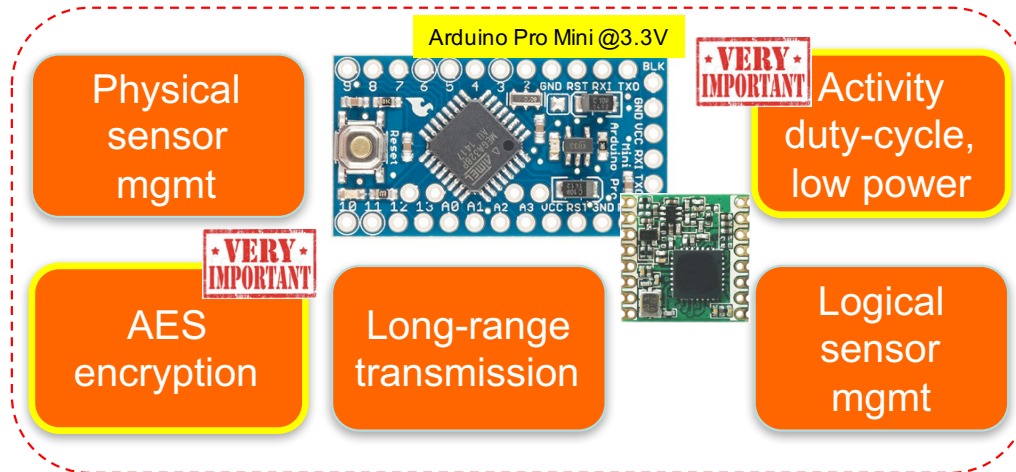
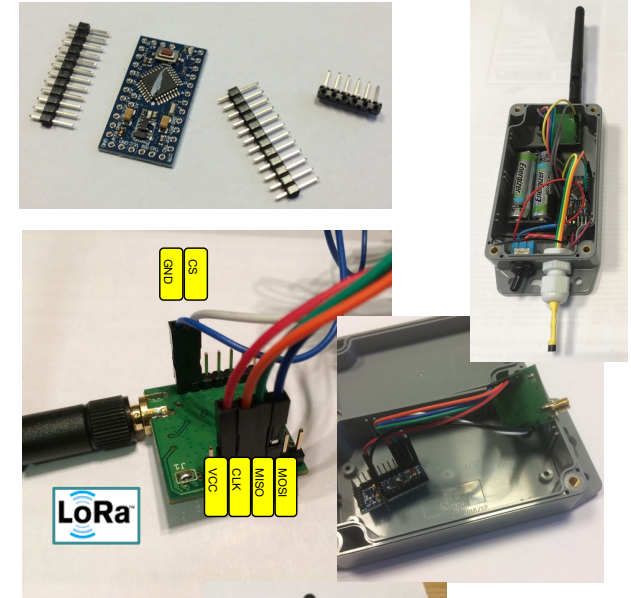
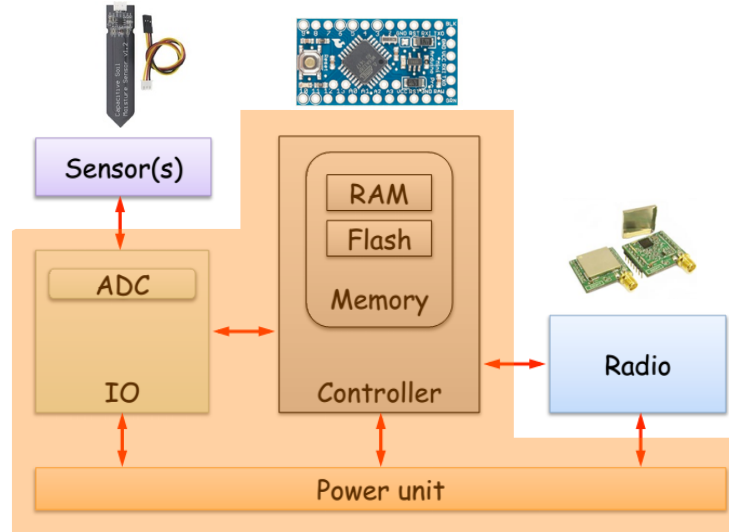
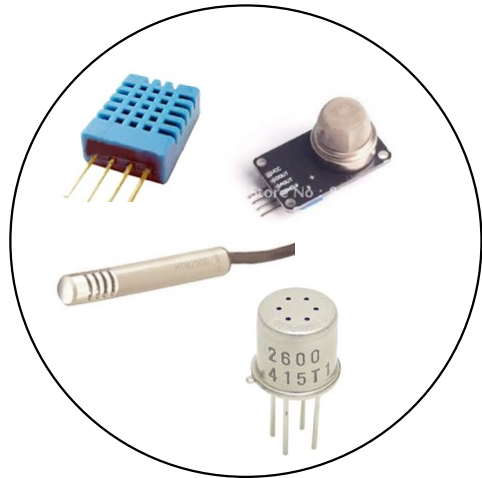
Tessel

SodaqOne2



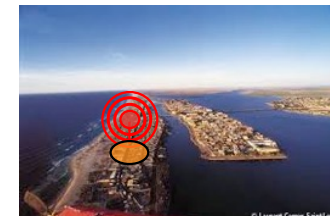
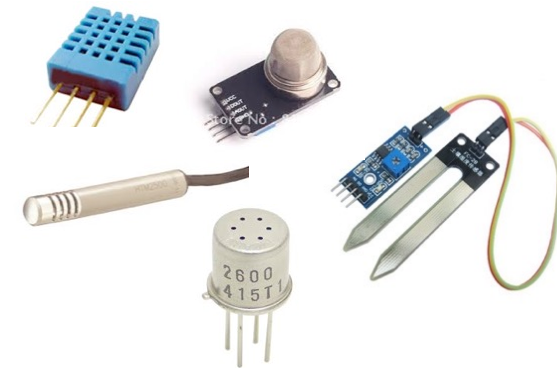
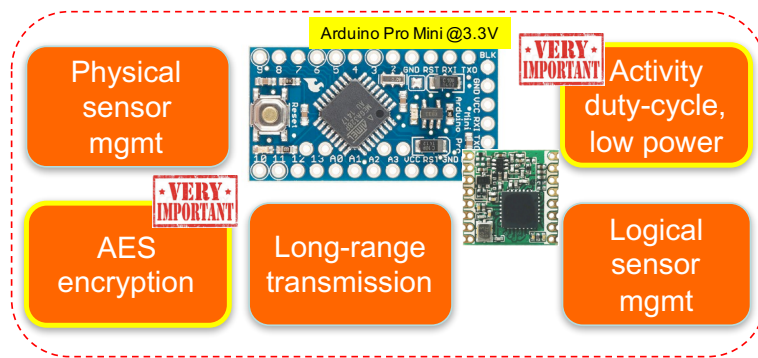
Tinyduino

# Do-It-Yourself IoT



# Generic IoT v.s. highly specialized

- Build **low-cost**, **low-power**, **generic** IoT platform
- Methodology for low-cost platform design
- Technology transfers to user communities, economic actors, stakeholders,...



# A simple temperature sensor example

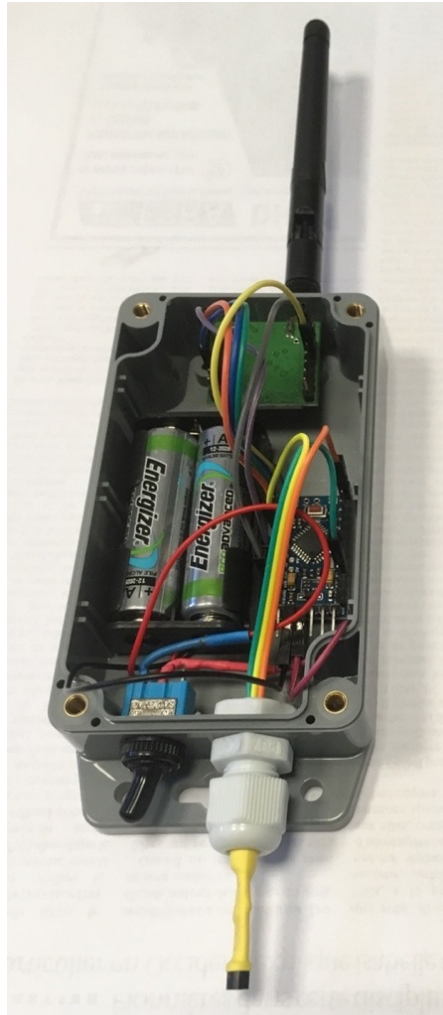
Arduino Pro Mini @3.3V



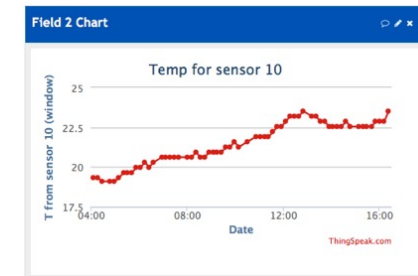
Modtronix inAir9



TMP36



Wakes-up every 10min, take a measure (temp) and send to gateway



**5µA in deep sleep mode, about 40mA when active and sending**

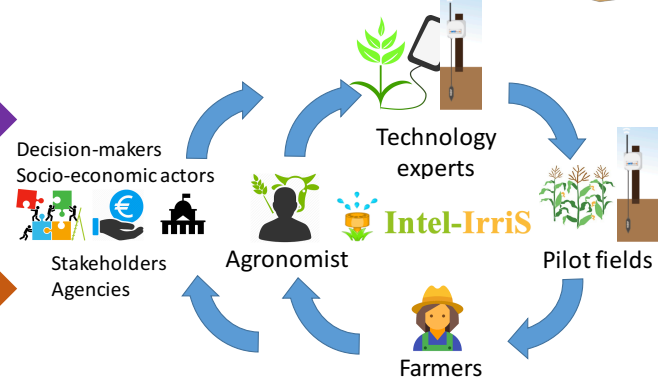
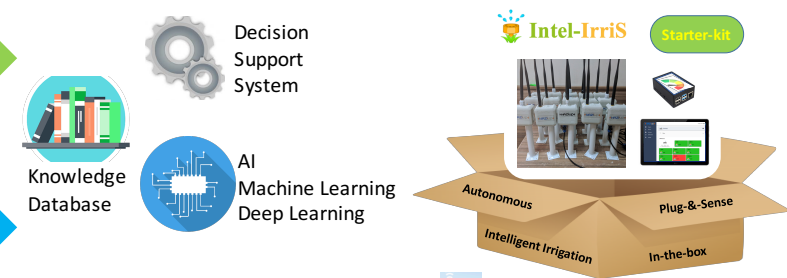
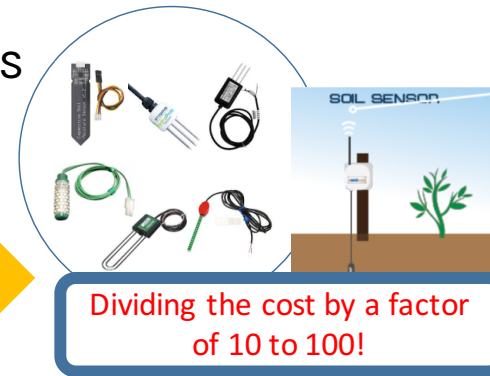
**More than 1 year with 1 measure/10min**

**Can run several years with 1 measure/1h**

# Towards IoT vertical domain

## Intelligent Irrigation System for Low-cost Autonomous Water Control in Small-scale Agriculture

- 1** Propose low cost but highly efficient water control systems for irrigation optimization
- 2** Use cutting-edge technologies to propose highly innovative systems yet simple to deploy and adapted to smallholders
- 3** Seamless integration into existing irrigation system and/or local customs and practices
- 4** Improve farmer's knowledge on water-related issues, foster local adaptation of technologies, increase local innovation capacity and facilitate technology appropriation
- 5** Large-scale adoption of low cost smart irrigation system by smallholders, stimulating synergies between various local actors



# Low-cost soil moisture device



**SEN0308  
capacitive sensor**

**Watermark WM200  
Water tension sensor**



**A soil temperature  
sensor can be added**

# INTEL-IRRIS starter-kit

- ⦿ "Intelligent Irrigation in-the-box", "plug-&-sense"
- ⦿ From idea to reality!





# Conclusions

- Internet-of-Things provides the unique feature to make things "talk" to us: localisation, surrounding environmental conditions, particular events, ...
- Next gen sensors such as cameras, spectrometers, hyperspectral cameras, ... will provide possibilities to further optimize a number of complex processes

Now what?



IOT\_2: Unleash the power of IoT data !

So, IoT: Technology or Concept?

# IOT\_1: Understanding Internet-of-Thing technologies

**Booster** PAU



## Booster Pau – Learning Capsule – 2021

Prof. Congduc Pham  
<http://www.univ-pau.fr/~cpham>  
Université de Pau, France

